OPTIONAL BOXED LUNCH MENU • SUMMER 2022 AT RIVERDALE COUNTRY SCHOOL • 718-432-1013

Campers may participate in this program on a weekly basis only. The cost is \$65.00 per week and there is a reduced rate for the week of July 5th (4-day week). If you are interested in registering your child for the optional lunch program, please contact the camp office at 718-432-1013. Lunch includes vogurt, fruit, and bottled water.

WEEK 1 **JUNE 20-24**

MONDAY

BRUNCH FOR LUNCH Cheese Omelet Pancakes Smoked Turkey

TUESDAY

ITALIAN SUB SANDWICH (turkey-ham-salamiprovolone) Grape Tomatoes Crispy Snack

WACKY WEDNESDAY CHEESEBURGER Seasoned Potato Wedges

THURSDAY

Pickles

ROASTED TURKEY SANDWICH Baby Carrots Crispy Snack

FANTASTIC FRIDAY

WAFFLES (SYRUP) & CHICKEN Fresh Fruit

WEEK 2 JUNE 27-JULY 1

MONDAY

BAKED CHEESE LASAGNA Sweet Tomato-Basil Sauce Steamed Broccoli Italian Bread

TUESDAY BEEF EMPANADAS Red Beans & Rice Mixed Vegetables

WACKY WEDNESDAY

BAKED MACARONI & CHEESE **BBO Pulled Pork** Roasted Corn

THURSDAY

GARDEN SALAD WITH **GRILLED CHICKEN** Blueberry Muffin

FANTASTIC FRIDAY

OVEN FIRED PERSONAL CHEESE PIZZA

WEEK 3 **JULY 5-8**

MONDAY

NO CAMP HAPPY JULY 4TH

TUESDAY

ROASTED TURKEY SANDWICH Baby Carrots Crispy Snack

BEEF BULGOGI (KOREAN BBO) Confetti Rice Green Beans

WACKY WEDNESDAY

THURSDAY

ITALIAN SUB SANDWICH (turkey-ham-salamiprovolone) Grape Tomatoes Crispy Snack

FANTASTIC FRIDAY WAFFLES (SYRUP) &

CHICKEN Fresh Fruit

WEEK 4 **JULY 11 - 15**

MONDAY

Pancakes

TUESDAY

carrot)

Corn Muffin

THURSDAY

GREEK SALAD WITH

(stuffed grape leaves-

olives-tomato-cucumber-

GRILLED CHICKEN

WEEK 5 **JULY 18 - 22**

MONDAY

BRUNCH FOR LUNCH Cheese Omelet Smoked Turkey

Marinara Sauce Steamed Broccoli Breadstick

CHEESE RAVIOLI

TUESDAY

ROASTED TURKEY SANDWICH Baby Carrots Crispy Snack

WACKY WEDNESDAY

ROASTED (BONE-IN)

WACKY WEDNESDAY

CHEESE QUESADILLAS Black Beans Guacamole & Salsa

THURSDAY

CHICKEN

Jollof Rice

Sweet Plantain

CHEESEBURGER Seasoned Potato Wedges Pickles

FANTASTIC FRIDAY

OVEN FIRED PERSONAL CHEESE PIZZA

WAFFLES (SYRUP) & CHICKEN Fresh Fruit

FANTASTIC FRIDAY

Grape Tomatoes

Alternate Options Available Daily: American Cheese Sandwich and Multigrain Bagel

WEEK 6 **JULY 25 - 29**

MONDAY

BRUNCH FOR LUNCH Cheese Omelet Pancakes Smoked Turkey

TUESDAY

BEEF BULGOGI (KOREAN BBQ) Confetti Rice Green Beans

WACKY WEDNESDAY

ITALIAN SUB SANDWICH (turkev-ham-salamiprovolone) Grape Tomatoes Crispy Snack

THURSDAY

LEMON (BONELESS) CHICKEN Red Pepper Rice Snap Peas

FANTASTIC FRIDAY

OVEN FIRED PERSONAL CHEESE PIZZA

WEEK 7 AUGUST 1-5

MONDAY

CHEESE TORTELLINI Sweet Tomato-Basil Sauce Steamed Broccoli Italian Bread

TUESDAY

WALDORF GRILLED CHICKEN SALAD (dried apple-cranberry shredded carrot - tomato cucumber - arilled chicken) Blueberry Muffin

WACKY WEDNESDAY

BEEF EMPANADAS Red Beans & Rice Mixed Vegetables

THURSDAY

ROASTED TURKEY SANDWICH Baby Carrots Crispy Snacks

FANTASTIC FRIDAY

WAFFLES (SYRUP) & CHICKEN Fresh Fruit

WEEK 8 **AUGUST 8-12**

MONDAY

CHEESE TORTELLINI Marinara Sauce Steamed Broccoli Bread Stick

TUESDAY

ROASTED TURKEY SANDWICH Baby Carrots Crispy Snack

WACKY WEDNESDAY

TOASTED CHEESE PITA Seasoned Sweet Potato Fries Grape Tomatoes

THURSDAY

SMOKED HAM SANDWICH Baby Carrots Crispy Snack

FANTASTIC FRIDAY

OVEN FIRED PERSONAL CHEESE PIZZA

Please note: The lunch program is not available during the week of August 15-19

Campers will be required to pack their lunches in an insulated lunch bag.

TOASTED CHEESE PITA Seasoned Potato Wedges