OPTIONAL LUNCH MENU • SUMMER 2022 AT CHAPIN SCHOOL PRINCETON • 609-896-0606

Campers may participate in this program on a weekly basis only. The cost is \$42.00 per week and there is a reduced rate for the week of July 5th (4-day week). If you are interested in registering your child for this program, please contact the camp office at 609-896-0606.

WEEK 1

JUNE 20-24

MONDAY

PENNE PASTA W/ TOMATO BASIL SAUCE w/ Sauteed Summer Veggies & Garlic Bread

TUESDAY

OVEN BAKED CHICKEN NUGGETS w/ Fresh Fruit & Baked Potato Chips

WACKY WEDNESDAY

MAC & CHEESE w/ Mixed Vegetables & Garlic Bread

THURSDAY

HAM & CHEESE SUB W/ LETTUCE, TOMATO, ONION & MAYO w/ Pretzels & Fresh Fruit

FANTASTIC FRIDAY

PIZZA Bag of Baked Chips

WEEK 2

MONDAY

Garlic Bread

TUESDAY

FRIES

Chips

BAKED ZITI w/ Roasted Cauliflower and

OVEN BAKED CHICKEN

WACKY WEDNESDAY

TUNA SALAD WRAP

THURSDAY

w/ Fresh Fruit & Baked Potato

w/ Pretzels and Sliced Pickles

TURKEY & CHEESE SUB

and HAPPY JULY 4TH

TUESDAY

MONDAY

GRILLED CHEESE & TOMATO ON WHOLE WHEAT w/ Pretzels & Sliced Pickles

WEEK 3

JULY 5-8

WACKY WEDNESDAY

BREAKFAST FOR LUNCH French Toast Sticks, Hash Browns, Fresh Fruit

THURSDAY

TURKEY MEATBALL PARM SANDWICH w/ Pretzels & Fresh Fruit

FANTASTIC FRIDAY

PIZZA Bag of Baked Chips

WEEK 4

MONDAY

TUESDAY

Pickles

THURSDAY

TURKEY BACON BLT

w/ Pretzels and Sliced

WACKY WEDNESDAY

JULY 18-22

MAC & CHEESE

Garlic Bread

w/ Mixed Vegetables &

WEEK 5

MONDAY

PENNE PASTA W/ TOMATO BASIL SAUCE w/ Sauteed Summer Veggies & Garlic Bread

TUESDAY

WHEAT

THURSDAY

CHICKEN CAESAR SALAD WRAP w/ Baked Chips & Fresh Fruit

WACKY WEDNESDAY

GRILLED CHEESE &

TOMATO ON WHOLE

w/ Pretzels & Sliced Pickles

W/ LETTUCE, TOMATO,

w/ Pretzels & Fresh Fruit

ONION & MAYO

MAC & CHEESE w/ Mixed Vegetables & Garlic Bread

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ITALIAN SUB SANDWICH W/ SALAMI, HAM, PROVOLONE CHEESE, LETTUCE & TOMATOES w/ Pretzels & Sliced Pickles

FANTASTIC FRIDAY

PIZZA Bag of Baked Chips **PIZZA** Bag of Baked Chips

FANTASTIC FRIDAY

Vegetarian Option Available Upon Request

Bag of Baked Chips

PIZZA

WITH LETTUCE, TOMATO, ONION & MAYO w/ Pretzels & Fresh Fruit

FANTASTIC FRIDAY



WEEK 6

MONDAY

PENNE PASTA W/ TOMATO BASIL SAUCE w/ Sauteed Summer Veggies & Garlic Bread

TUESDAY

OVEN BAKED CHICKEN NUGGETS w/ Fresh Fruit & Baked Potato Chips

WACKY WEDNESDAY

MAC & CHEESE w/ Mixed Vegetables & Garlic Bread

TURKEY & CHEESE SUB THURSDAY

HAM & CHEESE SUB W/ LETTUCE, TOMATO, ONION & MAYO w/ Pretzel Nuggets & Fresh Fruit

FANTASTIC FRIDAY

PIZZA Bag of Baked Chips

WEEK 7 AUGUST 1-5

MONDAY

BAKED ZITI w/ Roasted Cauliflower, Garlic Bread

TUESDAY

OVEN BAKED CHICKEN FRIES w/ Fresh Fruit & Baked Potato Chips

WACKY WEDNESDAY

TUNA SALAD WRAP w/ Pretzels & Sliced Pickles

THURSDAY

TURKEY & CHEESE SUB W/ LETTUCE, TOMATO, ONION & MAYO w/ Pretzels & Fresh Fruit

FANTASTIC FRIDAY

PIZZA Bag of Baked Chips

WEEK 8 AUGUST 8-12

MONDAY

PENNE PASTA W/ TOMATO BASIL SAUCE w/ Sauteed Summer Veggies & Garlic Bread

TUESDAY

GRILLED CHEESE & TOMATO ON WHOLE WHEAT w/ Pretzels & Sliced Pickles

WACKY WEDNESDAY

BREAKFAST FOR LUNCH French Toast Sticks, Hash Browns, Fresh Fruit

THURSDAY

TURKEY MEATBALL PARM SUB w/Pretzels & Fresh Fruit

FANTASTIC FRIDAY

PIZZA Bag of Baked Chips

WEEK 9 AUGUST 15-19

MONDAY

MAC & CHEESE w/ Mixed Vegetables & Garlic Bread

TUESDAY

CHICKEN CAESAR SALAD WRAP w/Baked Chips & Fresh Fruit

WACKY WEDNESDAY

BREAKFAST FOR LUNCH French Toast Sticks, Hash Browns, Fresh Fruit

THURSDAY

ITALIAN SUB SANDWICH W/ SALAMI, HAM, PROVOLONE CHEESE, LETTUCE & TOMATOES W/ Pretzels & Pickles

FANTASTIC FRIDAY

PIZZA Bag of Baked Chips