

OPTIONAL BOXED LUNCH MENU • SUMMER 2021

AT THE HAVERFORD SCHOOL • 610-642-0246

Campers may participate in this program on a weekly basis only. The cost is \$50.00 per week and there is a reduced rate for the week of July 5th (4-day week).
If you are interested in registering your child for the optional lunch program, please contact the camp office at 610-642-0246.
The Haverford School strives to be Nut Free. Our menu does not include MSG, preservatives, or processed foods. We do not use fryers to prepare any menu items.

WEEK 1 JUNE 21-25	WEEK 2 JUNE 28-JULY 2	WEEK 3 JULY 5-9	WEEK 4 JULY 12-16	WEEK 5 JULY 19-23	WEEK 6 JULY 26-30	WEEK 7 AUGUST 2-6	WEEK 8 AUGUST 9-13
MONDAY POPCORN CHICKEN 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	MONDAY CHICKEN CAESAR WRAP 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	MONDAY NO CAMP Happy 4th of July	MONDAY CHICKEN CAESAR WRAP 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	MONDAY POPCORN CHICKEN 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	MONDAY CHICKEN CAESAR WRAP 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	MONDAY POPCORN CHICKEN 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	MONDAY CHICKEN CAESAR WRAP 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water
TUESDAY MEATBALLS OVER PENNE 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	TUESDAY CHEESEBURGER 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	TUESDAY MEATBALLS OVER PENNE 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	TUESDAY CHEESEBURGER 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	TUESDAY MEATBALLS OVER PENNE 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	TUESDAY CHEESEBURGER 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	TUESDAY MEATBALLS OVER PENNE 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	TUESDAY CHEESEBURGER 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water
WACKY WEDNESDAY CHEESE PIZZA 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	WACKY WEDNESDAY TURKEY & AMERICAN ON WHEAT 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	WACKY WEDNESDAY CHEESE PIZZA 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	WACKY WEDNESDAY TURKEY & AMERICAN ON WHEAT 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	WACKY WEDNESDAY CHEESE PIZZA 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	WACKY WEDNESDAY TURKEY & AMERICAN ON WHEAT 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	WACKY WEDNESDAY CHEESE PIZZA 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	WACKY WEDNESDAY TURKEY & AMERICAN ON WHEAT 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water
THURSDAY TURKEY BLT 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	THURSDAY CHICKEN PATTY SANDWICH 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	THURSDAY TURKEY BLT 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	THURSDAY CHICKEN PATTY SANDWICH 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	THURSDAY TURKEY BLT 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	THURSDAY CHICKEN PATTY SANDWICH 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	THURSDAY TURKEY BLT 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	THURSDAY CHICKEN PATTY SANDWICH 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water
FANTASTIC FRIDAY ITALIAN HOAGIE 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	FANTASTIC FRIDAY TURKEY HOAGIE 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	FANTASTIC FRIDAY ITALIAN HOAGIE 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	FANTASTIC FRIDAY TURKEY HOAGIE 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	FANTASTIC FRIDAY ITALIAN HOAGIE 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	FANTASTIC FRIDAY TURKEY HOAGIE 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	FANTASTIC FRIDAY ITALIAN HOAGIE 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water	FANTASTIC FRIDAY TURKEY HOAGIE 1 oz Lays or Sun Chips Fresh Fruit 2%, FF Chocolate Milk or Water

Alternate Options Available Daily: Turkey or Cheese Sandwich and Garden Salad with Ranch or Italian dressing, apples, oranges, bananas, and grapes
Weekly Snack Options: Cheez-its (Monday), Teddy Grahams (Tuesday), Goldfish Crackers (Wednesday), Soft Pretzels (Thursday), Cookie (Friday).
Details: Milk is 2%, Chocolate Milk is Fat-Free, Water is Deer Park, Burgers are 100% beef, Lunch Meats are 99% fat-free.

Please note: The lunch program is not available for SportsLab
Encore Week on August 16-20 Campers will be required to pack their lunches in an insulated lunch bag.

