

JUNE 22-26 WEEK 1	JUNE 29 - JULY 2 WEEK 2	JULY 6-10 WEEK 3	JULY 13-17 WEEK 4	JULY 20-24 WEEK 5	JULY 27-31 WEEK 6	AUGUST 3-7 WEEK 7	AUGUST 10-14 WEEK 8	AUGUST 17-21 WEEK 9
<p>MONDAY</p> <p>VIRTUE OF THE WEEK: RESPECT</p> <p><i>RESPECT EACH OTHER. RESPECT THE GAME</i></p> <p>TUESDAY Skills development & technical instruction</p> <p>WEDNESDAY NBA DAY <i>Wear your favorite Basketball team's gear to Camp (Hat, T-shirt, jersey, or more!)</i></p> <p>THURSDAY Fun skills activities & game play</p> <p>SPECIAL EVENT: WATER WARRIORS FIELD CHALLENGE <i>Pack an extra set of dry clothes.</i></p> <p>FRIDAY RED VS. BLUE COMPETITION <i>Wear your team color to camp</i></p> <p>AWARDS CEREMONY</p>	<p>MONDAY</p> <p>VIRTUE OF THE WEEK: POSITIVITY</p> <p><i>GOOD ATTITUDE = GREAT ATHLETE</i></p> <p>TUESDAY Skills development & technical instruction</p> <p>SPECIAL EVENT: PATRIOTIC WATER BALLOON BONANZA DAY <i>Pack an extra set of dry clothes and get ready for some crazy & colorful water balloon tosses, relays and more.</i></p> <p>WEDNESDAY HOORAY FOR THE USA! <i>Celebrate America's 250th Birthday! Join in the celebration—festive red, white, and blue outfits encouraged!</i></p> <p>THURSDAY SPECIAL EVENT: WATER PARK DAY! INFLATABLE WATER SLIDE <i>Bring an extra bathing suit and towel</i></p> <p>AWARDS CEREMONY</p> <p>FRIDAY NO CAMP Happy 4th of July</p>	<p>MONDAY</p> <p>VIRTUE OF THE WEEK: GRATITUDE <i>What are you grateful for?</i></p> <p><i>SHOW APPRECIATION FOR YOUR COACHES AND TEAMMATES</i></p> <p>Skills development & technical instruction</p> <p>WORLD LEAGUE COMPETITION KICK OFF!</p> <p>TUESDAY Fun skills activities & game play</p> <p>NHL DAY <i>Wear your favorite Hockey team's gear to Camp (Hat, T-shirt, jersey, or more!).</i></p> <p>PEP RALLY <i>Show your team spirit!</i></p> <p>WEDNESDAY WORLD LEAGUE GAMES</p> <p>WORLD LEAGUE COMPETITION <i>Greenwich travels to Riverdale Country School in Bronx, NY for a fun-filled day of spirited competition with ESF/Riverdale Sports Camp!</i></p> <p>THURSDAY SPECIAL EVENT: FOAM PARTY <i>Don't forget an extra bathing suit and goggles!</i></p> <p>FRIDAY TEAM PHOTOS <i>Wear your camp t-shirt today.</i></p> <p>AWARDS CEREMONY</p>	<p>MONDAY</p> <p>VIRTUE OF THE WEEK: KINDNESS <i>Perform a random act of kindness each day!</i></p> <p><i>KIND WORDS MAKE STRONG TEAMS</i></p> <p>ULTIMATE GAMES WEEK Blue vs. Green...Who will be this year's champion?</p> <p>TUESDAY Skills development & technical instruction</p> <p>WEDNESDAY LET'S PAINT THE CAMP BLUE AND GREEN! <i>Wear your Ultimate Games Team color to camp (hats, ribbons, tops, shorts, and socks)! Parents, decorate your car in your child's team color!</i></p> <p>CELEBRATING NATIONAL CAMP KINDNESS DAY! <i>Be kind</i></p> <p>THURSDAY RED VS BLUE COMPETITION <i>Wear your team color to Camp!</i></p> <p>FRIDAY ULTIMATE GAMES CLOSING CEREMONIES</p> <p>AWARDS CEREMONY</p>	<p>MONDAY</p> <p>VIRTUE OF THE WEEK: TRUSTWORTHINESS</p> <p><i>DO THE RIGHT THING. CHARACTER COUNTS</i></p> <p>Skills development & technical instruction</p> <p>TUESDAY SPECIAL EVENT: WATER PARK DAY! INFLATABLE WATER SLIDE <i>Bring an extra bathing suit and towel</i></p> <p>PEP RALLY <i>Show your team spirit!</i></p> <p>WEDNESDAY WORLD LEAGUE GAMES</p> <p>WORLD LEAGUE COMPETITION <i>Greenwich hosts ESF/Riverdale Sports Camp for a fun-filled day of spirited competition!</i></p> <p>THURSDAY WORLD CUP DAY <i>Wear your favorite Soccer team's gear to Camp (Hat, T-shirt, Jersey, or more!).</i></p> <p>Fun skills activities & game play</p> <p>FRIDAY SPECIAL EVENT: CAMP CARNIVAL <i>Hosted by Senior Camp</i></p> <p>AWARDS CEREMONY</p>	<p>MONDAY</p> <p>VIRTUE OF THE WEEK: RESILIENCY</p> <p><i>DON'T GIVE UP. BOUNCE BACK STRONGER. KEEP TRYING. YOU CAN DO IT</i></p> <p>TUESDAY Skills development & technical instruction</p> <p>WEDNESDAY GET YOUR GLOW ON! IT'S NEON DAY <i>Wear as much NEON to camp as possible - the more fluorescent the better! It's gonna be bright! Silly. Sunglasses recommended!</i></p> <p>THURSDAY INTERNATIONAL DAY OF FRIENDSHIP <i>Meet a new teammate today!</i></p> <p>SPECIAL EVENT: COLOR FUN RUN <i>Wear a white shirt! Bring a change of clothes and goggles.</i></p> <p>FRIDAY Fun skills activities & game play</p> <p>AWARDS CEREMONY</p>	<p>MONDAY</p> <p>VIRTUE OF THE WEEK: EFFORT</p> <p><i>EFFORT OVER OUTCOME</i></p> <p>SPORTS CAMP IRON CAMPER TRAINING CAMP WEEK <i>The exciting, action-packed week includes daily team building events in the areas of strength, fitness, and endurance.</i></p> <p>THE COMBINE A FUN set of skills challenging your agility, mobility, and speed.</p> <p>TUESDAY SPECIAL EVENING EVENT!!! FAMILY FLING, 6:30PM <i>Join us for an unforgettable evening of fun, family and friends, as we celebrate the Summer of 2026.</i></p> <p>INFLATABLE OBSTACLE COURSE <i>Compete on an obstacle course custom designed around campus. Highlights include an inflatable challenge course.</i></p> <p>WEDNESDAY SPORTS FANATIC DAY <i>It's a Fan Frenzy! Wear your favorite Collegiate Team's jersey and gear to camp or come representing your local leagues (ie. Little League, Travel Soccer, etc.)</i></p> <p>Fun skills activities & game play</p> <p>AQUA OLYMPICS</p> <p>THURSDAY IRON CAMPER CAMPWIDE RELAY</p> <p>FRIDAY RED VS BLUE COMPETITION <i>Wear your team color to camp</i></p> <p>AWARDS CEREMONY</p>	<p>MONDAY</p> <p>VIRTUE OF THE WEEK: COMMUNITY & TEAMWORK</p> <p><i>WE ARE STRONGER TOGETHER!</i></p> <p>Skills development & technical instruction</p> <p>WEDNESDAY NFL DAY <i>Wear your favorite Football team's gear to Camp (Hat, T-shirt, jersey, or more!).</i></p> <p>THURSDAY Fun skills activities & game play</p> <p>FRIDAY RED VS BLUE CHAMPIONSHIP <i>Wear your Team color to Camp</i></p> <p>AWARDS CEREMONY</p>	<p>MONDAY</p> <p>VIRTUE OF THE WEEK: RESPECT</p> <p><i>PLAY WITH INTEGRITY. CHARACTER IS RESPECT IN ACTION</i></p> <p>Skills development & technical instruction</p> <p>WEDNESDAY MISMATCHED FANATIC DAY <i>Come to camp dressed in as many of your favorite Team's gear as possible.</i></p> <p>THURSDAY Fun skills activities & game play</p> <p>FRIDAY FINAL AWARDS CEREMONY</p> <p><i>SEE YOU NEXT SUMMER!</i></p>



Throughout the Summer, World-Class Guest Coaches & Athletes will visit camp to conduct instructional sessions and clinics. Stay tuned for more details coming soon!