



OPTIONAL LUNCH MENU • SUMMER 2021

AT THE EPISCOPAL ACADEMY • 610-688-3298

Campers may participate in this program on a weekly basis only. The cost is \$50.00 per week and there is a reduced rate for the week of July 5th (4-day week). If you are interested in registering your child for the optional lunch program, please contact the camp office at 610-688-3298.

WEEK 1 JUNE 21-25

MONDAY

- Grilled Chicken Caesar Wrap
- Taco Turnovers
- Mexican Confetti Rice
- Cilantro-Lime Corn
- Assorted Fresh Whole Fruit
- Assorted Fresh-baked Cookies

TUESDAY

- Turkey Sub
- Chicken Parmesan
- Pasta with Marinara
- Sautéed Tuscan Vegetables
- Assorted Fresh Whole Fruit
- Cinnamon-Sugar Donut Holes

WACKY WEDNESDAY

- Grilled Buffalo Chicken Wrap
- Montreal-Seasoned Hamburgers
- French Fries
- Steamed Peas & Carrots
- Assorted Fresh Whole Fruit
- Assorted Fresh-baked Cookies

THURSDAY

- Turkey Sub
- Grilled Asian Chicken Thighs
- Rice Pilaf
- Sautéed Asian Vegetables
- Assorted Fresh Whole Fruit
- Chocolate Chip Brownies

FANTASTIC FRIDAY

- Ham Sub With Lettuce & Tomatoes
- Cheese Pizza
- Pepperoni Pizza
- Pasta Fresca
- Sautéed Green Beans
- Assorted Fresh Whole Fruit
- Assorted Ice Cream Novelties

WEEK 2 JUNE 28-JULY 2

MONDAY

- Grilled Chicken Caesar Wrap
- All-Beef Hotdogs with Bun and a Pickle
- House-made Ranch Potato Chips
- Assorted Fresh Whole Fruit
- Assorted Fresh-baked Cookies

TUESDAY

- Turkey Sub
- Chicken Tenders
- Mac & Cheese
- Corn
- Assorted Fresh Whole Fruit
- House Made Rice Krispies® Treats

WACKY WEDNESDAY

- Grilled Buffalo Chicken Wrap
- Spaghetti and Meatballs
- Garlic Butter Breadsticks
- Roasted Vegetables
- Assorted Fresh Whole Fruit
- Assorted Fresh-baked Cookies

THURSDAY

- Turkey Sub
- Grilled Tuscan Chicken Breast
- Buttered Egg Noodles
- California Grilled Vegetables
- Assorted Fresh Whole Fruit
- S'mores Brownies

FANTASTIC FRIDAY

- Ham Sub With Lettuce & Tomatoes
- Cheese Pizza
- Pepperoni Pizza
- Bruschetta Pasta
- Italian Green Beans
- Assorted Fresh Whole Fruit
- Assorted Ice Cream Novelties

WEEK 3 JULY 5-9

MONDAY

NO CAMP
Happy July 4th

TUESDAY

- Turkey Sub
- Chicken Quesadillas
- White Rice
- Steamed Sweet Corn
- Assorted Fresh Whole Fruit
- Funnel Cakes

WACKY WEDNESDAY

- Grilled Buffalo Chicken Wrap
- Philly Cheese Steak Sub
- Seasoned French Fries
- Buttered Cauliflower with Breadcrumbs
- Assorted Fresh Whole Fruit
- Assorted Fresh-baked Cookies

THURSDAY

- Turkey Sub
- House-made General Tso's Chicken
- Jasmine Rice
- Seasoned Broccoli
- Assorted Fresh Whole Fruit
- Chocolate-Frosted Brownies

FANTASTIC FRIDAY

- Ham Sub With Lettuce & Tomatoes
- Cheese Pizza
- Pepperoni Pizza
- Summer Vegetable Penne Pasta
- Savory Green Beans
- Assorted Fresh Whole Fruit
- Assorted Ice Cream Novelties

WEEK 4 JULY 12-16

MONDAY

- Grilled Chicken Caesar Wrap
- Taco Turnovers
- Mexican Confetti Rice
- Cilantro-Lime Corn
- Assorted Fresh Whole Fruit
- Assorted Fresh-baked Cookies

TUESDAY

- Turkey Sub
- Chicken Parmesan
- Pasta with Marinara
- Sautéed Tuscan Vegetables
- Assorted Fresh Whole Fruit
- Cinnamon-Sugar Donut Holes

WACKY WEDNESDAY

- Grilled Buffalo Chicken Wrap
- Montreal-Seasoned Hamburgers
- French Fries
- Steamed Peas & Carrots
- Assorted Fresh Whole Fruit
- Assorted Fresh-baked Cookies

THURSDAY

- Turkey Sub
- Grilled Asian Chicken Thighs
- Rice Pilaf
- Sautéed Asian Vegetables
- Assorted Fresh Whole Fruit
- Chocolate Chip Brownies

FANTASTIC FRIDAY

- Ham Sub With Lettuce & Tomatoes
- Cheese Pizza
- Pepperoni Pizza
- Pasta Fresca
- Sautéed Green Beans
- Assorted Fresh Whole Fruit
- Assorted Ice Cream Novelties

WEEK 5 JULY 19-23

MONDAY

- Grilled Chicken Caesar Wrap
- All-Beef Hotdogs with Bun and a Pickle
- House-made Ranch Potato Chips
- Assorted Fresh Whole Fruit
- Assorted Fresh-baked Cookies

TUESDAY

- Turkey Sub
- Chicken Tenders
- Mac & Cheese
- Corn
- Assorted Fresh Whole Fruit
- House Made Rice Krispies® Treats

WACKY WEDNESDAY

- Grilled Buffalo Chicken Wrap
- Spaghetti and Meatballs
- Garlic Butter Breadsticks
- Roasted Vegetables
- Assorted Fresh Whole Fruit
- Assorted Fresh-baked Cookies

THURSDAY

- Turkey Sub
- Grilled Tuscan Chicken Breast
- Buttered Egg Noodles
- California Grilled Vegetables
- Assorted Fresh Whole Fruit
- S'mores Brownies

FANTASTIC FRIDAY

- Ham Sub With Lettuce & Tomatoes
- Cheese Pizza
- Pepperoni Pizza
- Bruschetta Pasta
- Italian Green Beans
- Assorted Fresh Whole Fruit
- Assorted Ice Cream Novelties

WEEK 6 JULY 26-30

MONDAY

- Cheese Ravioli with Marinara
- Garlic Knots
- Grilled Vegetables
- Assorted Cookies
- Assorted Hand Fruits
- Grilled Chicken Caesar Wrap

TUESDAY

- Turkey Sub
- Chicken Quesadillas
- White Rice
- Steamed Sweet Corn
- Assorted Fresh Whole Fruit
- Funnel Cakes

WACKY WEDNESDAY

- Grilled Buffalo Chicken Wrap
- Philly Cheese Steak Sub
- Seasoned French Fries
- Buttered Cauliflower with Breadcrumbs
- Assorted Fresh Whole Fruit
- Assorted Fresh-baked Cookies

THURSDAY

- Turkey Sub
- House-made General Tso's Chicken
- Jasmine Rice
- Seasoned Broccoli
- Assorted Fresh Whole Fruit
- Chocolate-Frosted Brownies

FANTASTIC FRIDAY

- Ham Sub With Lettuce & Tomatoes
- Cheese Pizza
- Pepperoni Pizza
- Summer Vegetable Penne Pasta
- Savory Green Beans
- Assorted Fresh Whole Fruit
- Assorted Ice Cream Novelties

WEEK 7 AUGUST 2-6

MONDAY

- Grilled Chicken Caesar Wrap
- Taco Turnovers
- Mexican Confetti Rice
- Cilantro-Lime Corn
- Assorted Fresh Whole Fruit
- Assorted Fresh-baked Cookies

TUESDAY

- Turkey Sub
- Chicken Parmesan
- Pasta with Marinara
- Sautéed Tuscan Vegetables
- Assorted Fresh Whole Fruit
- Cinnamon-Sugar Donut Holes

WACKY WEDNESDAY

- Grilled Buffalo Chicken Wrap
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- Turkey Sub
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FANTASTIC FRIDAY

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- Cheese Pizza
- Pepperoni Pizza
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WEEK 8 AUGUST 9-13

MONDAY

- Grilled Chicken Caesar Wrap
- All-Beef Hotdogs with Bun and a Pickle
- House-made Ranch Potato Chips
- Assorted Fresh Whole Fruit
- Assorted Fresh-baked Cookies

TUESDAY

- Turkey Sub
- Chicken Tenders
- Mac & Cheese
- Corn
- Assorted Fresh Whole Fruit
- House Made Rice Krispies® Treats

WACKY WEDNESDAY

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