## **OPTIONAL LUNCH MENU • SUMMER 2025**

Campers, without documented food allergies, may participate in our lunch program. The cost is \$50.00 per week/ per camper with a reduced rate available for a 4-day camp week. Sign up is easy – go to your parent portal and use the Checklist feature on your dashboard to register!

MONDAY

Fresh Fruit

**TUESDAY** 

Fresh Fruit

Caesar Salad

Seasonal Veggies



**ALL SUMMER LONG AT NORWOOD-FONTBONNE ACADEMY** 

**CAMP OFFICE: 215-247-7010** 



## WEEK 2

Seasonal Veggies

TACO TUESDAY!

Mexican Street Corn

**WACKY WEDNESDAY** 

**BRUNCH FOR LUNCH!** 

Breakfast Potatoes

Seasonal Veggies

AIR FRIED CHICKEN

Fresh Fruit

**THURSDAY** 

**TENDERS** 

Fresh Fruit

PIZZA DAY!

Fresh Fruit

Potato Wedges

Seasonal Veggies

**FANTASTIC FRIDAY** 

Fresh Baked Cookies

Seasonal Veggies

Cousins Mike's Cheese Pizza

Crème Brulee French Toast

Seasonal Veggies

Chicken Cheesesteak Tacos

Fresh Fruit

TUESDAY

Fresh Fruit

## **WEEK 3 JUNE 30- JULY 3**

CHEESESTEAK EGGROLLS

### **WEEK 4 JULY 7-11**

## **WEEK 5 JULY 14-18**

THREE CHEESE BAKED ZITI

**PULLED CHICKEN BURRITO** 

Our Handmade Tortilla Chips

# WEEK 6

**JULY 21-25** 

MONDAY

**TENDERS** 

Fresh Fruit

TUESDAY

Fresh Fruit

Home Fries

Fresh Fruit

**THURSDAY** 

Waffles Fries

Fresh Fruit

Seasonal Veggies

**BASKET** 

Seasonal Veggies

AIR FRIED CHICKEN

Jersey Summer Corn

Seasonal Veggies

TACO TUESDAY!

Seasonal Veggies

Beef Nacho Taco Bowl

**WACKY WEDNESDAY** 

Breakfast Bagel with Egg,

**CRISPY CHICKEN BITE** 

Cheese & Turkey Sausage

**BREAKFAST FOR LUNCH!** 

## WEEK 7

**JULY 28 - AUGUST 1** 

TOASTED RICOTTA CHEESE

**MONDAY** 

RAVIOLI

**TUESDAY** 

**OUESADILLA** 

Rice & Beans

Fresh Fruit

French Toast

Fresh Fruit

**THURSDAY** 

Turkey Sausage

Seasonal Veggies

Seasonal Veggies

**WACKY WEDNESDAY** 

**BREAKFAST FOR LUNCH!** 

**Buttered Noodles** 

Seasonal Veggies Fresh Fruit

Marinara Dipping Sauce

CHICKEN CHEESESTEAK

### **WEEK 8 AUGUST 4-8**

**MONDAY** 

Fresh Fruit

TUESDAY

**EMPANADAS** 

Guacamole

Fresh Fruit

Waffles

Salsa

CHEESEBURGER

Seasonal Veggies

**CHICKEN & CORN** 

Seasonal Veggies

**WACKY WEDNESDAY** 

Whipped Cream & Fresh

Potato Wedges

## **WEEK 9 AUGUST 11-15**

**BBO PORK SANDWICH** 

**MONDAY** 

Veggie Chips

Fresh Fruit

**TUESDAY** 

Fresh Fruit

Sandwich

Fresh Fruit

**THURSDAY** 

TENDERS

Waffle Fries

Fresh Fruit

Seasonal Veggies

Seasonal Veggies

TACO TUESDAY!

Seasonal Veggies

Pulled Chicken Soft Tacos

**WACKY WEDNESDAY** 

**BRUNCH FOR LUNCH!** 

Ham & Cheese French Toast

Fresh Summer Fruit Salad

Seasonal Veggies

AIR FRIED CHICKEN

Cousins Mike's Rice-A-Roni

# **WEEK 10**

**TURKEY RANCH WRAP** Crudité

#### TUESDAY

POPCORN CHICKEN STUFFED PITA **Hummus & Baby Carrots** 

**ITALIAN HOAGIE** Pasta Salad Mini Soft Pretzel

#### THURSDAY

CRISPY CHICKEN CAESAR WRAP Fresh Summer Fruit Salad

PEPPERONI PIZZA GRILLED CHEESE Fresh Fruit Puddina

COUSINSMIKE12\_CON

#### WEEK ' **JUNE 16-20**

All Beef Meatballs

Seasonal Veggies

Garlic Bread

Fresh Fruit

TUESDAY

Fresh Fruit

WEDNESDAY

Seasonal Veggies

CHICKEN

Fresh Fruit

**THURSDAY** 

PIZZA DAY!

Frozen Treat

Fresh Fruit

Seasonal Veggies

Juneteenth Holiday

**FANTASTIC FRIDAY** 

Cousins Mike's Cheese Pizza

NO CAMP

AIR FRIED POPCORN

Fresh Baked Corn Muffins

THREE CHEESE

Seasonal Veggies

Our Handmade Tortilla Chips

**OUESADILLA** 

# **MEATBALL PARM BOWL**

#### MONDAY MONDAY **ROASTED TURKEY & RANCH WRAP** Pasta Salad

**JUNE 23-27** 

#### AIR FRIED CHICKEN NUGGETS Macaroni & Cheese Seasonal Veggies Fresh Fruit

TUESDAY

Fresh Fruit

STRIPS

Fresh Fruit

**THURSDAY** 

PIZZA DAY!

Frozen Treat

Fresh Fruit

NO CAMP

Happy July 4th!

Seasonal Veggies

**FANTASTIC FRIDAY** 

Mini Soft Pretzels

Seasonal Veggies

WACKY WEDNESDAY

HONEY BBO CHICKEN

Cousins Mike's Cheese Pizza

Fresh Baked Biscuits

Seasonal Veggies

#### Seasonal Veggies Fresh Fruit

**MONDAY** 

CHEESE

Tater Tots

#### TUESDAY TACO TUESDAY!

SUPER GROOVY GRILLED

#### Turkey Tacos Veggie Rice Seasonal Veggies Fresh Fruit

WACKY WEDNESDAY

**Buttermilk Pancakes** 

Yogurt Parfait

THURSDAY

SANDWICH

Fresh Fruit

PIZZA DAY!

Fresh Fruit

CRISPY CHICKEN

Summer Couscous

**FANTASTIC FRIDAY** 

Fresh Baked Cookies

Seasonal Veggies

Cousins Mike's Cheese Pizza

Seasonal Veggies

Fresh Fruit

Seasonal Veggies

**BREAKFAST FOR LUNCH!** 

#### **WACKY WEDNESDAY** HOT ROAST BEEF

Rice, Beans & Cheese

Seasonal Veggies

#### **SANDWICHES** Potato Salad Seasonal Veggies Fresh Fruit

## **THURSDAY** AIR FRIED CHICKEN

#### **NUGGETS Buttered Noodles** Seasonal Veggies Fresh Fruit

**FANTASTIC FRIDAY** 

PIZZA DAY!

Frozen Treat

Fresh Fruit

Seasonal Veggies

# Cousins Mike's Cheese Pizza

#### **FANTASTIC FRIDAY** PIZZA DAY! Cousins Mike's Cheese Pizza Fresh Baked Cookies Seasonal Veggies Fresh Fruit

#### **CUTLET SANDWICH** Mac & Cheese Seasonal Veggies Fresh Fruit

COUSINS MIKE'S CHICKEN

-ANTASTIC FRIDAY	
PIZZA DAY!	
Cousins Mike's Cheese I	Pizza
Frozen Treat	
Seasonal Veggies	
Fresh Fruit	

#### Berries Seasonal Veggies Fresh Fruit

**BREAKFAST FOR LUNCH!** 

#### **THURSDAY** AIR FRIED CHICKEN NUGGETS Pasta Salad Seasonal Veggies Fresh Fruit

#### **FANTASTIC FRIDAY** PIZZA DAY! Cousins Mike's Cheese Pizza Fresh Baked Cookies

Fresh Fruit

#### **FANTASTIC FRIDAY** PIZZA DAY! Cousins Mike's Cheese Pizza Frozen Treat Seasonal Veggies Seasonal Veggies Fresh Fruit

#### **AUGUST 18-22 MONDAY**

Fresh Baked Cookie

Fresh Baked Cookie

#### WACKY WEDNESDAY

Chips

#### **FANTASTIC FRIDAY**

Vegetarian substitution will be available daily.

No frying, No MSG.

Health questions and forms must be completed, in your parent portal, before purchasing lunch. Ouestions: Please call us at 215-247-7010.

We're excited to partner with **Cousins Mike, Private Chefs & Events** for our lunch program! https://www.cousinsmike12.com

