

10 WEEKS OF AWESOME

UA SPORTSLAB



SPORTS **HIGHLIGHTS CALENDAR • SUMMER FUN 2022** AT CHESTNUT HILL COLLEGE • 215-247-7020

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WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10
JUNE 20-24	JUNE 27-JULY1	JULY 5-8	JULY 11-15	JULY 18-22	JULY 25-29	AUGUST 1-5	AUGUST 8-12	AUGUST 15-19	AUGUST 22-27
MONDAY	MONDAY	MONDAY	MONDAY	MONDAY	MONDAY	MONDAY	MONDAY	MONDAY	MONDAY
VIRTUE OF THE WEEK: RESPECT	VIRTUE OF THE WEEK: KINDNESS Perform a Random Act of	NO CAMP Happy 4th of July	VIRTUE OF THE WEEK: GRATITUDE What are you grateful for?	VIRTUE OF THE WEEK: TRUSTWORTHINESS	VIRTUE OF THE WEEK: RELILIENCY	VIRTUE OF THE WEEK: EFFORT	VIRTUE OF THE WEEK: COMMUNITY	VIRTUE OF THE WEEK: RESPECT	VIRTUE OF THE WEEK: COMMUNITY
WELCOME TO SPORTSLAB LEARN MORE, PLAY MORE,	Kindness Each Day!	TUESDAY				ULTIMATE GAMES WEEK Blue vs. GreenWho will be this			
BE MORE		VIRTUE OF THE WEEK: POSITIVITY		FITNESS TRAINING TRAIN THOSE CHARACTER	FITNESS TRAINING SPRING BACK INTO PLAY	year's champion?	FITNESS TRAINING CELEBRATE THE TALENTS,	FITNESS TRAINING RESPECT YOUR YOURSELF,	FITNESS TRAINING
	FITNESS TRAINING MOVE FASTER!		MOVE LONGER	MUSCLES	Skills development & technical	FITNESS TRAINING	ACCOMLISHMENTS OF EACH OTHER	YOUR TEAM MATES & YOUR ENVIRONMENT	RISE READY: WIN THE MORNING, WIN THE DAY
INTRO TO UNDER ARMOUR FITNESS TRAINING	TUESDAY	FITNESS TRAINING MOVE STRONGER!	Skills development & technical instruction	SPORTSLAB IRON CAMPER TRAINING CAMP WEEK	instruction	GIVE YOUR BEST EFFORT	TUESDAY	TUESDAY	TUESDAY
RISE READY: WIN THE MORNING, WIN THE DAY	Skills development & technical instruction	Skills development & technical	TUESDAY	The exciting, action-packed week includes daily teambuilding events	TUESDAY	TUESDAY Skills development & technical	ULTIMATE GAMES WEEK	Fun skills activities and game play	Skills development & technical instruction
MOVE BETTER!	WEDNESDAY	instruction WEDNESDAY	WORLD LEAGUE COMPETITION	in the areas of strength, fitness, and endurance.	WORLD LEAGUE COMPEITION FINALS KICK-OFF!	instruction	Blue vs. GreenWho will be this year's champion?	WEDNESDAY	WEDNESDAY
TUESDAY Skills development & technical	GET YOUR GLOW ON! IT'S NEON DAY	RED, WHITE & BLUE DAY	KICK OFF! PEP RALLY	TUESDAY	PEP RALLY Your team color is ROYAL	WEDNESDAY SPORTS FANATIC DAY	Skills development & technical instruction	NFL JERSEY DAY <u>Wear your favorite Football</u> team's gear to Camp (Hat, T-	NHL JERSEY DAY <u>Wear your favorite hockey</u>
instruction WEDNESDAY	Wear as much NEON to camp as possible - the more fluorescent the better! It's gonna be bright!	<u>Come to camp dressed in red,</u> white and blue. Stars and <u>Stripes too!</u>	Your team color is ROYAL BLUE. <u>Show your team spirit and wear</u> <u>ROYAL BLUE to camp today!</u>	THE UNDER ARMOUR WAY	<u>BLUE. Show your team spirit</u> <u>and wear ROYAL BLUE to</u> <u>camp today</u>	lt's a Fan Frenzy! <u>Wear your favorite Collegiate</u>	WEDNESDAY	<u>shirt, jersey, or more!)</u> Fun skills activities and game	<u>team's gear to camp</u> (<u>hat, t-shirt, jersey or more!)</u> –
MLB JERSEY DAY	Silly Sunglasses recommended!	Fun skills activities and game play	WEDNESDAY	A FUN set of skills challenging your agility, mobility, and speed.	WEDNESDAY	<u>team's gear to camp! (Hat, T-</u> <u>shirt, jersey, or more!)</u>	TEAM SPIRIT DAY Let's paint the camp BLUE AND GREEN! Wear your Ultimate	play	Fun skills activities and game play
<u>Wear your favorite baseball</u> <u>team's gear to camp (hat, t-</u> <u>shirt, jersey or more!)</u>	Fun skills activities and game play	THURSDAY SPORTSLAB FINALS	WORLD LEAGUE COMPETITION		WORLD LEAGUE CHAMPIONSHIP FINALS	Fun skills activities and game play	Games Team color to camp (hats, ribbons, tops, shorts, and socks)! Parents, decorate your	THURSDAY SPORTSLAB FINALS	THURSDAY SPORTSLAB FINALS
Fun skills activities and game	THURSDAY SPORTSLAB FINALS	ACC & BIG 10	THURSDAY WORLD LEAGUE COMPETITION	Presented by Aquatics (For Big 10 & ACC Campers only)	THURSDAY	THURSDAY SPORTSLAB FINALS	<u>car in your child's team color!</u>	ACC & BIG 10 Flag Football & Soccer	ACC & BIG 10 Flag Football & Soccer
play	ACC & BIG 10 Flag Football & Soccer	Flag Football & Soccer	TEAM PHOTOS	WEDNESDAY	WORLD LEAGUE CHAMPIONSHIP FINALS	ACC & BIG 10	Fun skills activities and game play	IVY & BIG EAST Basketball & Baseball	IVY & BIG EAST
THURSDAY SPORTSLAB FINALS	IVY & BIG EAST	IVY & BIG EAST Basketball & Baseball	<u>Wear your camp t-shirt today!</u>	WORLD SOCCER JERSEY DAY	FRIDAY	Flag Football & Soccer			Basketball & Baseball
ACC & BIG 10 Flag Football & Soccer	Basketball & Baseball	FRIDAY	FRIDAY SPORTSLAB FINALS	<u>Wear your favorite soccer's</u> <u>teams gear to camp (hat, t-shirt,</u> <u>jersey or more.</u>	SPORTSLAB FINALS	IVY & BIG EAST Basketball & Baseball	SPORTSLAB FINALS	FRIDAY SPORTSLAB FINALS	FRIDAY SPORTSLAB FINALS
IVY & BIG EAST	FRIDAY SPORTSLAB FINALS	SPORTSLAB FINALS	ACC & BIG 10	<u>jersey or more.</u>	Basketball, Baseball & Team Handball	FRIDAY	Flag Football & Soccer	ACC & BIG 10 Basketball, Baseball & Team	ACC & BIG 10 Basketball, Baseball & Team
Basketball & Baseball	ACC & BIG 10	ACC & BIG 10 Basketball, Baseball & Team	Basketball, Baseball & Team Handball	IRON CAMPER APACHE RELAY	IVY & BIG EAST	SPORTSLAB FINALS	IVY & BIG EAST Basketball & Baseball	Handball	Handball
FRIDAY SPORTSLAB FINALS	Basketball, Baseball & Team Handball	Handball	IVY & BIG EAST	THURSDAY	Flag Football, Soccer & Team Handball	RED VS. BLUE COMPETITION		IVY & BIG EAST Flag Football, Soccer & Team	IVY & BIG EAST Flag Football, Soccer & Team
RED VS. BLUE COMPETITION	IVY & BIG EAST Flag Football, Soccer & Team	IVY & BIG EAST Flag Football, Soccer & Team Handball	Flag Football, Soccer & Team Handball	UA OBSTACLE COURSE Compete on an obstacle course	AWARDS CEREMONY	ACC & BIG 10 Basketball, Baseball & Team Handball	FRIDAY SPORTSLAB FINALS	Handball	Handball AWARDS CEREMONY
ACC & BIG 10 Basketball, Baseball & Team	Handball	AWARDS CEREMONY	AWARDS CEREMONY	custom designed around campus.		IVY & BIG EAST	ACC & BIG 10 Basketball, Baseball & Team		
Handball	AWARDS CEREMONY			FRIDAY		Flag Football, Soccer & Team Handball	Handball		SEE YOU NEXT
IVY & BIG EAST Flag Football, Soccer & Team Handball						AWARDS CEREMONY	IVY & BIG EAST Flag Football, Soccer & Team Handball		SUMMER!
AWARDS CEREMONY				SPORTSLAB FINALS ACC & BIG 10 Basketball, Baseball & Team			ULTIMATE GAMES CLOSING CEREMONIES		
				Handball			AWARDS CEREMONY		

IVY & BIG EAST Flag Football, Soccer & Team Handball

AWARDS CEREMONY



*Calendar of events is subject to change.