

6 CAMPS

AGES 3-15

SUMMER 2019 AT NORWOOD-FONTBONNE ACADEMY AND CHESTNUT HILL COLLEGE CHESTNUT HILL, PA

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Summer

e's'f

Featuring ten weeks of AWESOME

JUNE 17-AUGUST 23

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Bring a spark to your child's summer

Dear ESF Camp Families,

At ESF Summer Camps, every kid is free to explore their curiosity and power their potential. Through best-in-class curriculum, boys and girls, ages 3-15, ignite their interests and prepare for bright futures in any field—whether it's sports, science, technology, the arts or all of the above. Our experienced adult staff knows that the most important role we play in our campers' lives is to provide a safe place to build character, inspire gratitude and spark friendships.

Our exciting 2019 program line-up includes 60+ award-winning activities, uniquely designed to encourage exploration and personal growth. We provide the tools to promote creativity, develop leadership skills, build self-esteem and improve athletic ability. Cultivate your child's interests with a summer experience that speaks to them—"Love Your Summer."

We encourage you to enroll soon since space is limited. If you have any questions, please call us anytime to learn more about how we can customize your child's ESF experience.

We'll see you this summer!

MICHAEL J. ROUSE Executive Director & Co-Founder



HEGOLD HEGOLD STANDARD STANDARD



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EXPERIENCED ADULT STAFF

ESF is more than just a summer camp program; we're in the business of developing good people. Our year-round team is committed to fostering our campers' passions and expanding their horizons through fun, innovative and enriching experiences. Our camps are run by the finest collaboration of educators brought together for a premier summer camp experience. Our Team possesses a deep commitment to the development of our campers and a profound sensitivity to the unique needs of each and every one of them.

UNPARALLELED CURRICULUM

We are hard at work 12 months out of the year researching and preparing experiences that our campers look forward to all year long. Guided by the cutting-edge standards and best practices of today's leading companies, our subject matter experts provide a deeply innovative curriculum.

WORLD-CLASS CAMPUSES

Only the best will do for our campers. Pristine campuses are transformed into fun and safe environments, with state-of-the-art facilities for fun-filled camp experiences, rain or shine. Incredible aquatics facilities host our camper and parent approved swim lessons and recreational swim periods. Swimming is a camper favorite!

CHARACTER AND LIFE SKILLS

Our character-building curriculum is expertly designed to explore and expand our campers' innate talents, curiosities, self-esteem and social skills. An ESF summer will have a lasting impact on every camper's growth and development.

UNWAVERING COMMITMENT TO SAFETY

Safety, health and well-being are our priorities and we've put protocols and mandates into place to ensure every summer is a great summer. From carline and security to handling special allergies or other needs, you can rest assured that your child is in the best of care.

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PREMIER CAMPUSES

🔓 AWARD-WINNING CAMPS

ACTIVITIES FOR Every Age & Interest!























Since 1991, we have transformed both the upper and lower campuses of Norwood-Fontbonne Academy into a wonderfully welcoming camp setting offering exceptional, authentic camp experiences that evoke lasting, treasured memories. In 2018, we expanded our program offerings to Chestnut Hill College, whereby providing a unique "Learning Corridor" between these two premier campuses which features 6 award-winning camps with over 60+ activities for every age and interest!

Our camps at Norwood-Fontbonne Academy will include our Mini, Day and Senior Camp experiences. Chestnut Hill College hosts our Multi-Sports Camp (SportsLab), Tennis Camp and unique Specialty Major Camps.

The extensive indoor and outdoor facilities located on each campus provides the perfect setting for campers of all ages to learn and grow. Our exceptional standards include providing a safe, fun and comfortable environment. Facilities are complete with a state-of-the art outdoor swimming pool, gymnasiums, athletic fields, tennis courts, air-conditioned cafeterias, art studios, science labs, classrooms, a theater and so much more for campers to explore, rain or shine! Please note: A shuttle service will be provided between the Norwood-Fontbonne Academy and Chestnut Hill College Campuses for drop-off, pick-up, and Club OT.

CAMPS CAMPS CAMPS EXPENSE OVERVEEV OVERVEEV OVERVEEV

GROW UP WITH ESF

esf.

Great summer experiences come in all shapes and sizes, and no two campers are alike. From one year to the next their interests and curiosities change, and camp experiences should too. ESF's summer programs play at many levels, with each activity designed to appeal to its specific age group. With more than sixty activities for every age and interest, kids can grow up with ESF.

THE ESF PREMIER COLLECTION



v CAMPS AT NORWOOD-FONTBONNE ACADEMY **v**



A FUN-FILLED, FIRST CAMP EXPERIENCE!

A fun-filled, first camp experience for our youngest campers. Enjoy musical adventures, science & nature, crafts, water play, sports, theme days and more!



WAY MORE THAN A TYPICAL DAY CAMP!

Includes daily swim instruction and exciting hands-on activities, which include art, sports, science, drama, special events, theme days, time-honored traditions and more! *Campers grouped by rising grade level.*



EXPERIENCES THEY'LL NEVER OUTGROW!

Reach new heights through innovative True Life Adventures designed to broaden the horizons for our oldest campers. Enjoy fun, award-winning activities: swimming, art, sports, team initiatives, service learning, leadership skills, and much more!

Campers grouped by rising grade level.

▼ CAMPS AT CHESTNUT HILL COLLEGE ▼





SPORTS CAMP Rising 1st-9th Grades

SPORTS CAMP REIMAGINED

The NEW SportsLab, powered by Under Armour offers multiple sports, skills contests, game play, daily swimming and fun weekly events. Novice and experienced athletes are exposed to a dynamic combination of sports and character. *Campers grouped by rising grade level.*



CHOOSE A MAJOR AND BEGIN A JOURNEY!

Dive into your passions with one of our Specialty Major Camps for varied grades and interests in technology, science, and culinary arts.

Campers form collaborative teams by rising grade level.



Tennis Camp provides individual and group instruction with match play. Continuous improvement for all skill levels.

Campers grouped by skill and rising grade level.

"Building character drives higher achievement and greater fulfillment in life."



-DR. JIM LOEHR

World-renowned performance psychologist, best-selling author and ESF subject matter expert

THE 8 ESF VIRTUES OF CHARACTER a.k.a THE ESFV's

GRATITUDE

We start each morning with a smile and by "Going Big" (Being In Gratitude).

RESPECT

We have no rules, only three Agreements: Respect Yourself, Respect Others and Respect the Environment.

TRUSTWORTHINESS

We develop leaders and entrust them with unique responsibilities at camp.

EFFORT

We celebrate the amazing talents, accomplishments and efforts of our campers.

KINDNESS

We encourage campers to perform random acts of kindness and compassion.

POSITIVITY

We practice positive language and actively encourage a mindset of "positive focus."

RESILIENCY

We provide campers with the tools to become stronger with each endeavor.

COMMUNITY

We celebrate teamwork and build community at camp with an emphasis on empathy.

ESF is the premier camp experience for valuable life lessons!

MINICAMP LOCATED AT NORWOOD-FONTBONNE ACADEMY

BOYS & GIRLS, RISING PRE-SCHOOL

EVERY SUMMER HAS A STORY "Posy and her new ESF best friend Charlotte loved every part of Mini Camp. They loved splashing around in the tiny Mini Camp pool, and when the camp shows came around, they walked off the stage looking as if they had just won an Emmy. During Project Discovery they went on nature walks with magnifying glasses in their hands to look at the flowers, bugs and leaves they found. By the way they talked about them, it was as if they had gone on a safari!"

BE playful

INSTILLING GREATNESS STARTS HERE!

Admittedly, this is our most adorable camp. There are few things more rewarding for us than watching the littlest ones starting off on their first-ever camp experience.

Days are packed with enriching activities including musical adventures, science and nature, crafts, water play, sports, theme days and more. This is the camp they would design for themselves.

AT A GLANCE

BOYS & GIRLS RISING PRE-SCHOOL (AGE 3)

SESSIONS & HOURS

2-9 Week Options June 17-August 16*

Located at: Norwood-Fontbonne Academy

Monday-Friday Half Day: 9:00am-1:00pm Full Day: 9:00am-3:00pm Extend Your Day: 7:30am-6:00pm

TUITION

Please see page 28 for Tuition Rates and Ways to Save!

Note: Mini Campers must be pottytrained. Campers must be 3 years-old by June 1, 2019.

*No camp on Thursday, July 4th

ACTIVITIES

- Circle Time
- Arts & Crafts
- Water Play
- Dramatic Play
- Music & Dance
- Puppetry & Storytelling
- Science & Nature
- Fun with Sports

HIGHLIGHTS

- Theme Days
- Special Events
- Special Guests
- Special Person Visit Day

MINI CAMP SHOW: A Barnyard Moosical Friday, July 26th From Shawnee Press -By Michael and Jill Gallina

LEAP UP DAY Friday, August 16th

FAVORITE TRADITION

LEAP UP DAY

At the end of the summer, campers are honored for their accomplishments, and receive an Official Mini Camp Graduation Cap and Certificate. Mini Campers are then introduced to Day Camp at Camper Village.











EVERY SUMMER HAS A STORY "Now after watching Gracyn go through the past few summers at camp, I've seen such a profound change in her. ESF has helped her develop personally, in ways that absolutely amazed me. The way I see it, she's spending her summer learning, growing, and becoming a better person. The way she sees it, she's making friends and having a lot of fun. Everyone is happy, and I love that."

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BOYS & GIRLS, RISING PREK-3rd GRADES

LOCATED AT NORWOOD-FONTBONNE ACADEMY

estf)

BE inspired

SWIMMER? **ARTIST? ATHLETE? HAVE WE GOT A CAMP FOR YOU!**

A camper's summer experiences should be as diverse as their growing interests. With a variety of hands-on activities for curious voung minds, it's a time for exploring, creating, discovering, and eye-opening, with endless opportunities to uncover talents and forge new friendships.

Led by a dynamic and experienced staff, camp provides a wide variety of exciting handson activities and pure fun for a well-rounded summer experience. This is way more than just a day at camp!

AT A GLANCE

BOYS & GIRLS RISING PREK-3RD GRADES

Campers are grouped by rising grade level.

SESSIONS & HOURS

2-10 Week Options June 17-August 23*

Located at: Norwood-**Fontbonne Academy**

Monday-Friday: 9:00am-3:00pm Extend Your Day: 7:30am-6:00pm

TUITION

Please see page 28 for Tuition Rates and Ways to Save!

*No camp on Thursday, July 4th

ACTIVITIES

- Daily Swim Instruction*
- Sports
- ARTventures (Arts & Crafts)
- Project Discovery (Science & Nature)
- Creative & Performing Arts
- Junior Quest
- Time-Honored Traditions

*For more information on our Aquatics Program, please see page 26.

Daily schedules are subject to change.

WEEKLY SPECIALS

- Innovation Lab
- Gaga (Grades 1-3)
- Archery (Grades 2 & 3)
- Fencing (Grades 2 & 3)
- Choice Options (Grades 2 & 3)
- Special Events
- Weekly Theme Days

HIGHLIGHTS

CAMP SHOWS

Friends and family are invited to attend!

Hitsville, USA: Destination America! Coast-To-Coast Musical Tribute Week of July 8-12

Broadway Bound: Feel the Beat! Week of August 5-9

SLEEPUNDER PAJAMA PARTY (Oldest Bunk only)

Week of July 15-19, 6:00pm-9:00pm All of the FUN of a "sleepover" without sleeping over! Come back to camp for this special night of fun, food and festivities. Feel free to bring a favorite stuffed animal!!

OFF-SITE ADVENTURE (Oldest Bunk only) Week of July 22-26

Campers walk to Morris Arboretum for a guided nature program and lunch!

NEW! JUST TRY IT DAY! (Oldest Bunk only)

A weekly sneak peek of Senior Camp activities including True Life Adventures, team building, and more!

ULTIMATE GAMES: BLUE VS. GREEN Week of July 29-August 2

This highly anticipated ESF tradition and week-long competition features various camp wide events and competitions.









FAVORITE TRADITION

THE SPIRIT STICK

Start the day off with a cheer and a challenge. During morning assembly, the Bunk that shows the most teamwork, participation and spirit wins the Spirit Stick for the day.

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POWERED BY RUNDER ARMOUR

esf

BOYS & GIRLS, RISING 1st-9th GRADES EVERY SUMMER HAS A STORY "Max was a part of a team in Sports Camp. He thrived and worked with his coaches and teammates to master the fundamental and technical skills in each sport he played. He was able to try several different sports this summer. That variety gave

everyone a chance to shine. When Max was playing a sport he really loved, he was able to help his teammates who might not have as much experience in it, and when he was learning a sport for the first time, his teammates stepped up to help him.

SPORTS

CAMP

LOCATED AT CHESTNUT HILL COLLEGE



Learn more, play more, be more! The NEW SportsLab is ESF Sports Camp re-imagined! With a multi-sport focus, you will enjoy skills contests, game play, and a variety of fun events each week. The novice and experienced athlete will be exposed to a dynamic combination of sports and character with instruction by top-notch coaches, geared to individual skill levels.

AT A GLANCE

BOYS & GIRLS RISING 1st - 9TH GRADES

Campers are grouped by rising grade levels into various conferences.

Rising Grades 1-2: Big East

Rising Grades 3-5: Big Ten **Rising Grades 6+: ACC**

SESSIONS & HOURS

2-9 Week Options June 17-August 16*

Located at: Chestnut Hill College

Monday-Friday: 9:00am-3:00pm Extend Your Day: 7:30am-6:00pm

TUITION

Please see page 28 for Tuition Rates and Ways to Save!

*No camp on Thursday, July 4th

A shuttle service will be provided between the Norwood-Fontbonne Academy and Chestnut Hill College campuses for drop-off, pick-up, swimming and Club OT.

ACTIVITIES

CORE SPORTS

- Basketball
- Baseball*
- Soccer
- Flag Football
- Lacrosse

CHOICE SPORTS

- European Team Handball
- Floor/Street Hockey
- Tennis
- Daily Swimming

*Equipment: Baseball glove required. We supply the rest.

EVERY DAY

- Individual and Group Instruction
- Skill Development & Competitions
- League Games
- Swimming*
- Character Development Through Sports Performance
- Plaver's Choice Period

*For more information on our Aquatics Program, please see page 26.

EVERY WEEK

- Tournaments
- Sport Specific Skills Competitions
- Leadership Training
- Championship Fridays

HIGHLIGHTS

CHARACTER DEVELOPMENT **THROUGH SPORTS** PERFORMANCE

Our coaches use the power of sports to enhance and reinforce successful character development traits.

NEW! MASTER COACH **APPEARANCES AND** DEMONSTRATIONS



NEW! OFFICIAL UNDER **ARMOUR TEE FOR EACH** CAMPER!

NEW! SPORTSLAB IRON CAMPER WEEK

Week of July 15 - 19

BE energized

This fun and exciting, action-packed week includes daily team events in the areas of strength, fitness, and endurance. Events include:

- Extreme Rush Great Inflatable
- SportsLab Obstacle Course
- SportsLab Fitness Challenge

WORLD LEAGUE **CHAMPIONSHIP SERIES**

Weeks of July 8-12 & July 22-26 Travel and compete in this action-packed experience. Get in the game. Win or lose, you're sure to have a blast. Dates are subject to change.

ULTIMATE ESF GAMES Week of July 29-August 2

This highly anticipated ESF tradition and week-long competition features various camp wide events and opportunities for **BLUE and GREEN competitors to earn** points for their teams.

FAVORITE TRADITION

WEEKLY AWARDS CEREMONY

In honor of outstanding achievements, both on and off the field, campers are recognized with awards in teamwork, hustle, sportsmanship, improvement and leadership.



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BOYS & GIRLS, RISING 4th-10th GRADES

EVERY SUMMER HAS A STORY "Sophia has developed her leadership skills through various traditions and opportunities that camp has provided. She has always been someone who loves to give back, and she has thrived being able to participate in the Apprentice Program where she mentors Day Campers and plans community service projects. This summer, the campers collected supplies for a local animal shelter, and it was such a meaningful way for her to showcase her values and leadership skills while having a positive impact on the community. The programs at ESF have provided my child with unique opportunities to grow and

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SENIOR

LOCATED AT NORWOOD-FONTBONNE ACADEMY

CAMP



EXPERIENCES THEY'LL NEVER OUTGROW

The True Life Adventures start here. With a day that begins with team challenges and ends with a dance party. Where we build a real life carnival from the ground up and learn how to cook mouthwatering recipes. With leadership skills and good citizenship built into everything we do. This is no ordinary camp.

AT A GLANCE

BOYS & GIRLS RISING 4TH-10TH GRADES

Campers are grouped by rising grade level.

SESSIONS & HOURS

2-10 Week Options, June 17-August 23*

Located at: Norwood-Fontbonne Academy

Monday-Friday, 9:00am-3:00pm Extend Your Day: 7:30am-6:00pm

TUITION

Please see page 28 for Tuition Rates and Ways to Save!

*No camp on Thursday, July 4th

FAVORITE TRADITION

THE ORACLE

Awarded daily to the group that demonstrates the most respect, teamwork, dedication, kindness and effort.

ACTIVITIES

EVERY DAY

- True Life Adventures (TLA)
- Daily Swimming*
- Art 360° (Classic Art & Keepsake Crafts)
- Sports
- Senior Quest

(Teambuilding and Leadership Activities)

*For more information on our Aquatics Program, please see page 26.

Daily schedules are subject to change.

EVERY WEEK

- Archery
- Fencing
- Gaga
- Special Events
- Choice Options
- Leadership Training
- Community Connections
 (Service Learning Initiative)

HIGHLIGHTS

NEW FOR 2019! THE SENIOR CAMP SHOWDOWN

Week of July 15-19 A week-long competition, where strength, speed, critical thinking and teamwork combine! Events include an inflatable obstacle course, the Amazing Race, Trivia Face-off, Aqua Olympics and more!

ULTIMATE GAMES: BLUE VS. GREEN

Week of July 29-August 2

This highly anticipated ESF tradition and week-long competition features various camp wide events and opportunities for BLUE and GREEN competitors to earn points for their teams. Who will claim victory for their color this camp season?

OFF-SITE ADVENTURE Week of August 5-9

Campers will walk to the Woodmere Art Museum for a guided tour of the Museum's permanent collection and a meet & greet with a local artist. Campers will walk to The Woodmere Art Museum for a guided tour of the museum's permanent collection and a meet and greet with a local artist.











EXCLUSIVE ACTIVITIES FOR OUR OLDEST CAMPERS

ENHANCED TEEN PROGRAMMING

Get ready to enjoy enhanced teen programming exclusively designed for our OLDEST Senior Campers. Campers will create life-long friendships while participating in all Senior Camp traditions and True Life Adventures, coupled with FUN teambuilding activities, leadership training, community service projects, mentoring opportunities with younger campers, project-based team challenges, opportunities to assist with special camp wide events and more. *A perfect blend of all the elements of camp life!*

EVENING EVENTS

WEEK OF JUNE 24-28 Fiesta (Rising 4th Grade only) 3:45pm-7:00pm

WEEK OF JULY 8-12 Luau Beach Party (Rising 5th & 6th Grade only) 3:45pm-7:00pm

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WEEK OF JULY 22-26 Sleepover (Oldest Group only) 7:00pm

Spend the night. Have a blast. Don't miss this fun-filled tradition for the oldest Senior Camp group packed with exciting activities.

2019 TRUE LIFE ADVENTURES

Broaden horizons and build life skills with a different adventure each week.

CO2 DRAGSTERS: THE DYNAMICS OF SPEED WEEK OF JUNE 17-21

Start your engines and prepare for the ultimate demonstration of force, motion, speed, friction, and acceleration as you cruise through this powerful TLA. Discover the design process while creating your very own, durable model CO2 dragster. Learn about production, finishing, and testing your custom vehicle – all in preparation for the grand finale, The ESF Dragster Race Day Competition!

NEW! EMOJI ART: DIGITAL GRAPHICS WEEK OF JUNE 24-28

Everyone loves emoji's - those cute and colorful symbols that communicate more

than emotions! In this creative TLA, you will use digital graphics to layer emoji's of different sizes, colors and shapes to create self-portraits, landscapes, and creative works of art. At the end of the week, print out and mat your favorite creation made from these iconic symbols to display at ESF's first-ever Emoji Art Exhibition.

NEW! GOURMET CAMPER: A TASTE OF ITALY WEEK OF JULY 1-5

Mangia Italiano! Put on your apron, roll up your sleeves, and follow us into the kitchen for a week of mouthwatering fun. Guided by an executive chef, create and enjoy palatepleasing dishes from various regions of Italy including homemade pasta and sauce, gelato, Pizzelles, cannolis and more. Learn about food preparation and kitchen safety, explore helpful hints for measuring, chopping, mixing, garnishing, and much more.

DIGITAL PHOTOGRAPHY: INSPIRED BY THE MASTERS WEEK OF JULY 8-12

See the world through a new lens as you study the works and styles of famous master photographers. Explore photography techniques, learn about digital camera functionality and gain hands-on experience while taking photographs that are inspired by the Masters. Mat and display your favorite photograph at the Gallery Exhibition on the last day.



NEW! THINK TANK: MINDS IN MOTION

WEEK OF JULY 15-19

This exciting new TLA will keep your mind moving, spark your imagination and take teambuilding to a whole new level! Join us for a week of intrigue as you and your team use critical thinking, ingenuity, collaboration and teamwork to solve a series of puzzles, riddles and physical initiatives. Utilizing various strategies, Rube Goldberg machines and other miscellaneous materials, your objective will be to solve the carefully designed mysteries, problems or challenging puzzles of the day while keeping your mind sharp and your thinking cap on!

NEW! KIDS INC.: THE PERFECT PITCH

WEEK OF JULY 22-26 Powered by The Jack Welch Management Institute

You've got your BIG idea, now it is time to communicate it to the world. In this exciting TLA, make the world say "WOW!" as you create a value proposition for a new product or service that sets you apart from others in the market place. Study some of the most popular advertising campaigns of all time and what made them successful. With your team, create a marketing plan, persuasive sales pitch and multimedia advertising campaign including print, web, social media, and/or TV to promote your product or service.

CAMP CARNIVAL, CIRCUS SKILLS AND MAGIC WEEK OF JULY 29-AUGUST 2

In one of our most-anticipated traditions in Senior Camp, you will have the opportunity to design and build a Carnival from the ground up. Learn face painting techniques and how to create balloon animals. Become proficient in juggling, clowning and sleight of hand magic tricks. Finalize your Carnival booths and practice your performance skills in preparation for the exciting Main Event hosted for Day Campers on the last day!

NEW! BEYOND WORDS: SIGN LANGUAGE WEEK OF AUGUST 5-9

Sign language is more than hand gestures - it's a beautiful, visually perceived language in which facial expressions and body movements are used to communicate words, emotions, and sound. This TLA gives you the tools to interact and communicate with the world around you in a completely different way. Work with your instructors to customize your ASL experience and showcase your newly acquired language by signing a song, poem, skit and more at the end of the week.

SONGWRITING & MUSIC PRODUCTION

WEEK OF AUGUST 12-16

Explore music fundamentals and enjoy daily "jam sessions" with a professional producer. Compose and record your own hit songs with high-tech, multi-media technology using the Garage Band and MadPad apps on an iPad. For the grand finale, perform at the annual "ESF Music Awards". Friends and family are invited to attend.

OUTDOOR ADVENTURE: ROCKWALL

WEEK OF AUGUST 19-23

Conquer a towering rockwall with challenges designed for each skill level, under the watchful eye of an experienced instructor. This journey will lead you down the road of self-discovery, as you participate in teambuilding initiatives, collaborative problem-solving activities and exercises.







SPECIALTY MAJOR CAMPS LOCATED AT CHESTNUT HILL COLLEGE

BOYS & GIRLS, RISING 2nd-8th GRADES

EVERY SUMMER HAS A STORY "Caden has always been innovative. He likes to be engaged, and he's always looking for something new and interesting. Minecraft has been a creative outlet for him since he started playing a few years ago. He gets to make things, design new worlds, improve on structures he's already built and invent new ideas. Even with years of previous experience, his counselors were so engaging as they taught him new tips and tricks. He learned something new and exciting every day during Minecraft camp and absolutely loved it." esfcamps.com/loveyoursummer

CHOOSE YOUR

PATH

SCIENCE. TECHNOLOGY. CULINARY ARTS. NEVER A DULL MOMENT!

Think of it as a liberal arts degree in fun. Plenty of different Majors to choose from, each designed to provide real life, hands-on experiences to fulfill curiosities all summer long — a different Major each week. An epic summer experience that would look great on a future resume.

Choose a Major and begin a

Journey! Dive into your passions and collaborate to solve real world issues. There's even time for recreational games and socializing with friends each day.

AT A GLANCE

BOYS & GIRLS RISING 2ND-8TH GRADES Campers form collaborative teams by rising grade level.

SESSIONS & HOURS

1-6 Week Options July 8-August 16

Located at: Chestnut Hill College

Monday-Friday, 9:00am-3:00pm Extend Your Day: 7:30am-6:00pm

TUITION

Please see page 28 for Tuition Rates and Ways to Save!

A shuttle service will be provided between the Norwood-Fontbonne Academy and Chestnut Hill College Campuses for drop-off, pick-up and Club OT.

SPECIALTY MAJOR AND TECHNOLOGY CAMPS 2019 SCHEDULE

All listed grades refer to the grade the camper will be entering in the upcoming school year (2019-2020).

JULY 8-12

JULI 0-12	
Adventures in Roblox [®]	Grades 4-6
Advanced Mixed Media: Photography and Filmmaking	Grades 6-8
JULY 15-19 Intro to Mixed Media: Photography and Filmmaking	Grados 4-6
Junior Vetri Chef Academy: Summer Fresh - Farm to Table	
Programming with Scratch®	Grades 2-4
JULY 22-26	
Adventures in Roblox [®]	Grades 4-6
Junior Minecraft® and Roblox®	Grades 2-4
JULY 29-AUG 2	
Junior Code Squad Wizard Camp	Grades 2-4
Wizard Camp	Grades 4-8
AUGUST 5-9	
Engineering and Robotics	Grades 4-6
Junior Minecraft [®] and Roblox [®]	Grades 2-4
Master Vetri Chef Academy: Hearty Harvest - Farm to Table *Offered in collaboration with Vetri Community Partnership	Grades 6-8

AUGUST 12-16

A00031 12-10	
eSports for the Gamer	Grades 6-8
Junior Robotics Lab	Grades 2-4
Minecraft® Adventures	Grades 4-6



WIZARD CAMP: A WEEK OF POTIONS, CRAFTS & WIZARDING SPORTS! Rising Grades 4-8

Ever dream of experiencing the world of wizardry? If so, then now is the time to take a magical journey with ESF Wizard Camp! Campers will discover potions, herbology, broomstick crafts, astronomy and wizardry sports! Non-magical friends and family are invited to a culminating Wizardry Championship Tournament on the last day!



JUNIOR VETRI CHEF ACADEMY: SUMMER FRESH, FARM TO TABLE Rising Grades 3-5

In partnership with



Summer is prime time for eating sunsoaked, fresh off-the-vine fruits and veggies! With crisp produce at its peak flavor and availability, campers prepare dishes featuring vibrant flavors and creative preparation styles under the guidance of a Vetri Community Partnership educator. This exciting week features gardenfresh ingredients that are grown in the Pennsylvania and New Jersey regions, as well as lots of cool food for warm weather. Campers will also get plenty of practice mastering knife skills, kitchen safety, various cooking techniques and team collaboration. Featured ingredients include peaches, melons, berries, tomatoes, zucchini, carrots, beets and more.

MASTER VETRI CHEF ACADEMY: HEARTY HARVEST, FARM TO TABLE Rising Grades 6-8

In partnership with



Spend a week of your summer learning how to master the sweet, aromatic and warm recipes for Fall! Working with ingredients that are grown in the Pennsylvania and New Jersey regions, campers discover the cozy flavors and sweet tastes of autumn! Under the guidance of a Vetri Community Partnership educator, campers produce a variety of delicious and hearty recipes each day while getting plenty of practice mastering knife skills, kitchen safety, various cooking techniques and team collaboration. With an emphasis on the creative use of fall-focused spices and the fusion of seasonal flavors, featured ingredients will include pears, apples, corn, sweet potatoes, figs and more.



EVERY SUMMER HAS A STORY

"Patrick grew up cooking with his grandfather, so when ESF offered Vetri Chef Academy for the first time, we immediately enrolled him. It was one of those programs that really empowers kids to learn culinary skills and techniques, like how to properly prepare foods, safely chop ingredients, and sauté vegetables. He learned multiple new recipes every day-foods like gumbo, jambalaya, soft pretzels, pizza, and cheesecake (his favorite ESF Vetri recipe). The camp sparked something in him and cooking has become his passion."

FOR MORE ON PATRICK'S STORY, go to esfcamps.com/ loveyoursummer





Choose from a variety of technology programs for a hands-on experience that allows for imagination, exploration and fun!

Custom curriculum designed by:



RISING GRADES 2-4

JUNIOR CODE SQUAD

What is code and what can we build with it? Campers spend the week learning about the fundamentals of coding by developing logic games and puzzles with BSD Online. With absolutely no prior experience required, campers jump right in to writing real code (HTML, CSS, JavaScript*) using industry standard software and best practices. Over the course of the week, they are introduced to new programming concepts and fundamentals while creating unique projects with real-world applications.

Hardware: Laptops and iPads Software: BSD Online

JUNIOR MINECRAFT® AND ROBLOX®

This program fuses together two of the most popular gaming platforms in the world to offer campers the gaming experience of a lifetime! Campers embark on a virtual adventure as they exercise their creativity in an atmosphere centered on "world building" and interaction. Campers learn about environment and game construction using Minecraft and Roblox* while using drag-and-drop visual tools to imagine, design, build, and play in their custom game creations. No prior experience is required.

Hardware: Tablet (iPads), Laptop Software: Minecraft®, Roblox®

JUNIOR ROBOTICS LAB

Turn camp into a tech lab while exploring the exciting world of robotics! Campers learn about robotics, engineering and programming as they work in teams to program their own Lego[®] WeDo Robots and Snap Circuit projects to complete a variety of design challenges. This camp is intended for children with a keen interest in robotics and technology. No prior experience is required.

Hardware: Lego® WeDo, Snap Circuits Software: Lego® WeDo

PROGRAMMING WITH SCRATCH®

Scratch® coding camp provides campers with a great introduction to computer programming. Using Scratch®, an educational application created by the MIT Media Lab, campers learn the basics of software development in a sophisticated yet easy-tolearn environment. Campers also discover basic software development techniques while using drag-and-drop tools to design and program projects. No prior experience necessary. All skill levels are welcome. *Hardware: Laptops Software: Scratch*®

RISING GRADES 4-6

ADVENTURES IN ROBLOX®

Campers become game developers using the popular Roblox[®] gaming platform. With this unique software engine, campers learn the fundamentals of game development using a variety of sophisticated but intuitive 3D game development tools. The excitement is at an all-time high as they create competitive multiplayer games, interactive stories, car racing scenarios and much more.

Hardware: Laptops Software: Roblox®, Roblox® Studio

ENGINEERING AND ROBOTICS

In this tech adventure, campers work on robotics projects while refining their engineering and programming skills. After entering the fantastic world of Lego® Mindstorms and collaborating with their team, they plan, construct, program and test fully functioning, sophisticated robots that complete simple to complex tasks. Take the Challenge!

Hardware: Lego® Mindstorms Software: Lego® Mindstorms

INTRO TO MIXED MEDIA: PHOTOGRAPHY AND FILMMAKING

Have you ever dreamed about becoming a famous YouTuber? Do you have aspirations to be a world-renowned photographer or filmmaker? In this hands-on program, campers learn the fundamental skills of videography, visual storytelling, photography and photo editing. Imagination and creativity come to life as campers photograph elements of camp life and collaborate with their team to create short-form multimedia projects. No experience necessary.

Hardware: Nikon Coolpix cameras, Laptops Software: OpenShot®, PixIr®

MINECRAFT® ADVENTURES

In this exciting camp, Minecraft[®] enthusiasts have the opportunity to customize their game further than ever before! Using MakeCode[®], a platform that combines the power of "making and coding", campers learn real programming skills integrated into the highly popular sandbox game. MakeCode[®] allows players to exercise complete control over Minecraft[®]'s many systems while providing them with experience in writing real code, using dragand-drop tools to add and change features.

Hardware: Laptops

Software: Minecraft[®]: Education Edition, MakeCode[®] for Minecraft[®]: Education Edition

RISING GRADES 6-8

ADVANCED MIXED MEDIA: PHOTOGRAPHY AND FILMMAKING

Creativity, technology, and design converge in this exciting hands-on program! Campers bring their digital media skills to the next level, as they explore their passion for the arts using advanced, professional-grade equipment. Through an in-depth exploration of videography, visual storytelling and photography, campers capture elements of camp life and collaborate with their team to create short-form multimedia projects.

Hardware: DSLR cameras, GoPros, Laptops Software: OpenShot®, PixIr®

eSPORTS FOR THE GAMER

Campers have the opportunity to go "beyond the game" in ESF's first eSports camp! eSports or "electronic sports" is one of the fastest growing industries in the world and there is much more to it than simply playing a game. On this exciting journey, gamers and their teams enhance their critical thinking and communication skills through collaboration and the development of strategic tactics. Using the exciting game platform - NBA 2K19[®], a basketball simulation video game, teams optimize their overall skill level, develop training routines, execute strategic plans and develop professional level playbooks! As a culminating event, campers will compete against gamers from other ESF camp locations through this online gaming environment. Will your team be the last one standing?

Hardware: Laptops, Playstation*4, PS4* controllers Software: NBA 2K19*

Note: Campers work on private NBA 2K19 servers that are a safe environment to participate in online gaming. BOYS & GIRLS, RISING 1st-10th GRADES

WHERE TENNIS **IS FUN AND IMPROVEMENT IS GUARANTEED.**

OCATED AT CHESTNUT HI

In 1982, ESF launched its very first camp—a tennis camp for local campers. Today, the ESF tennis program is the premier destination for education and improvement in the sport. From beginners to the tournamentbound, under the guidance of experts, ESF Tennis Camp instills confidence for winning on and off the court.

3 LEVELS OF PLAY

Beginner, intermediate and advanced players develop their strokes, while improving their game in our uniquely designed camp.

EVERY DAY

- Conditioning & Biomechanics
- Individual and Group Instruction
- Match Play
- Recreational Swimming (Optional)*
- Skills Development
- Stroke Refinement

*For more information on our Aquatics Program, please see page 26.

Daily schedules are subject to change.

EVERY WEEK

- Grand Slam Tournaments
- Performance Evaluations
- Round Robins
- Video Analysis

AT A GLANCE

BE better

BOYS & GIRLS RISING 1ST-10TH

Campers grouped by rising grade and skill level.

SESSIONS & HOURS

1-6 Week Options July 8-August 16

Monday-Friday, 9:00am-3:00pm **Extend Your Day:** 7:30am-6:00pm

Located at: Chestnut Hill College

TUITION

Please see page 28 for Tuition Rates and Ways to Save!

A shuttle service will be provided between the Norwood-Fontbonne Academy and Chestnut Hill College campuses for dropoff , pick-up, swimming and Club OT.



THE FUN AND LEARNING CONTINUES!

There are two great ways to extend your camp day. Attend Club OT, our flexible, before and aftercare program. Enroll in private enrichment lessons in swimming, sports and academic tutoring. Try one or try them all!

CLUB OT

Extend your camp day by using ESF's Club OT program, on a weekly or a drop-in basis. Start your day as early as 7:30am and stay as late as 6:00pm. Club OT campers are divided into groups by age and will enjoy NEW and ENHANCED activities including sports, games, crafts, book club, drama, and more. Afternoon snacks and refreshments are provided.

Please note: We will operate Morning and Afternoon Club OT at the Norwood-Fontbonne Academy campus (Lower School), with a convenient shuttle service running between the Norwood-Fontbonne Academy and Chestnut Hill College campuses.

NEW FOR 2019 *CLUB OT PRE-PAYMENT IS NOW AVAILABLE!

This exciting option allows you to take advantage of SUPER SAVER RATES when you prepay for the COMBO morning and afternoon sessions during registration. For your convenience, daily drop-in service is still available and billing occurs after service has been provided.

*Please note that some of ESF's promotional discounts include waived Club OT. Call us for details.



DETAILS & PRICING

WEEKLY PRE-PAYMENT SUPER SAVER RATES

NEW! Super Saver Rates: Available for families using Club OT in the morning and afternoon multiple days each week.

Club OT AM & PM Combo (7:30am-6:00pm)......\$165.00/WK*

WEEKLY RATES

NEW! Weekly Rate Packages: Available for families using Club OT in the morning or afternoon only for multiple days each week.

AM Drop Off Package Between 7:30am-8:50am \$55.00/WK*

PM Pick Up Package Between 3:30pm-6:00pm \$135.00/WK*

DAILY "DROP-IN" RATES

Daily "Drop-in" Rates: Available for families using Club OT less frequently or as needed.

AM Drop Off Between 7:30am-8:50am...... \$13.00/DAY*

PM Pick Up Between 3:30pm-6:00pm..... \$30.00/DAY* *Receive a special 4-day reduced Club OT rate for week of July 1st at checkout.

ENRICHMENT

PRIVATE LESSONS

Half-hour lesson: \$35.00 One-hour lesson: \$65.00

SWIM INSTRUCTION

Private swim instruction is available under the guidance and supervision of our Red Cross Certified Instructors and Lifeguards. Our Aquatic staff designs a program specifically for your child that is compatible with his/her individual needs and ability level. To enroll, please call the camp office once camp is in session to set up a schedule that is most convenient for you. All lessons are held at camp after 3:30pm.

ACADEMIC TUTORING

Tutoring is available in many academic areas including: reading, math, science, art, music, language and more, with an ESF staff member, held at camp after 3:30pm. To enroll, please call the camp office once camp is in session to set up a schedule that is most convenient for you.

SPORTS INSTRUCTION

Private sports instruction is available with an ESF coach at camp after 3:30pm. To enroll, please call the camp office once camp is in session to set up a schedule that is most convenient for you.

All lessons are held at Norwood-Fontbonne Academy after 3:30pm.







EVERY SUMMER HAS A STORY

"On Trainer's first day of camp, I told the ESF team members that I didn't think they'd ever get him into the pool. We had taken multiple swimming classes at our local pool. I could rarely get him off the wall, and when I did, he clutched onto me for dear life. The aquatics staff at ESF worked really closely with him. They all knew his name, and every day when I came to pick him up after camp, they'd be there giving him high fives and saying how great he did in the pool that day. When Trainer came home and

told me he had practiced bobs one day, I honestly couldn't believe it. Not only did he get off the wall, but he put his head underwater!"

AQUATICS

BOYS & GIRLS, RISING PREK-10th GRADES

LOCATED AT NORWOOD-FONTBONNE ACADEMY

MAKE A SPLASH AT THE POOL!

Swimming is one of the most exciting parts of the camp day. Under the guidance and watchful eye of our American Red Cross certified lifeguards and instructors, campers develop life skills too valuable to measure while learning how to swim confidently in a safe and fun environment. We maintain a low staff to camper ratio.

We develop swimmers utilizing the latest teaching techniques

and coaching methods. Beginning with water safety skills and basic fundamentals, we then move on to progressive stroke development and refinement of techniques. Our well-established program is designed to be compatible with the unique and ever-changing abilities and skill levels of each camper.

INSTRUCTION BY CAMP

DAY CAMP Rising PreK-3rd Grades

With daily instructional swimming, campers receive an initial skill assessment and then progress at their own pace. Progress reports are sent home weekly.

SPORTS CAMP Rising 1st-9th Grades

Recreational swimming is offered daily. If campers choose to participate, they receive an initial deep-water safety test to assess their skill level. Optional swimming instruction is also offered 2 days per week, before camp at no extra charge. Progress reports offered upon request.

SENIOR CAMP Rising 4th-10th Grades

Recreational swimming is offered daily. If campers choose to participate, they receive an initial deep-water safety test to assess their skill level. Optional swimming instruction is also offered 2 days per week, before camp at no extra charge. Progress reports offered upon request.

BE <u>confident</u>

TENNIS CAMP Rising 1st-10th Grades

Recreational swimming is offered daily for Tennis Campers. If campers choose to participate, they receive an initial deepwater safety test to assess their skill level. Optional swimming instruction is also offered 2 days per week, before camp at no extra charge for Tennis Campers. Progress reports offered upon request.

SPECIALTY MAJOR AND TECHNOLOGY CAMPS Rising 2nd-8th Grades

Optional swimming instruction is available 2 days per week, before camp at no extra charge.

SPECIAL NOTE

Recreational swimming takes place in the afternoon for Sports and Tennis Campers who choose to participate.

Optional swimming instruction takes place before the camp day, 2 days per week for interested Sports, Senior, Tennis and Specialty Major and Technology Campers who choose to participate.

A shuttle service will be provided between the Chestnut Hill College and Norwood-Fontbonne Academy campuses.

AFTER CAMP PRIVATE SWIM INSTRUCTION

ESF also offers private swim instruction to campers who are interested in devoting more time to enhancing their skills. Available under the guidance and direction of our Red Cross certified Instructors and Lifeguards. Lessons are designed to be compatible with individual camper needs and skill levels. To enroll, please call the camp office. All lessons held at camp after 3:30pm.

HIGHLIGHTS

- Certified Aquatics Staff
- Seasoned Aquatics Director
- Skill Level Progression
- Safety Testing
- Awards & Progress Reports









2019 TUITION BY WEEK

MINI CAMP

FULL DAY	
DAY CAMP	\$455
SPORTS CAMP	\$455
SENIOR CAMP	\$495
SPECIALTY MAJOR AND TECHNOLOGY CAMPS	\$495
	\$495

CAMP DATES

June 17-August 23 (No camp on Thursday, July 4th, 2019)

CAMP HOURS

Mon-Fri, 9:00am-3:00pm EXTENDED DAY HOURS begin at 7:30am and are offered through 6:00pm daily.

5 WAYS TO SAVE

#1 SIBLING DISCOUNT

Register one child for camp and SAVE AN EXTRA 5% for each additional sibling. Discount is applied to the lesser tuition(s).

#2 MULTI-WEEK SAVINGS

Enroll for 4-6 weeks to get an EXTRA 4% savings per child *OR* enroll for 7+ weeks to get an EXTRA 8% savings per child.

#3 REFER A FAMILY

RECEIVE \$100 OFF 2020 CAMP TUITION for each new camp family you refer that enrolls.

#4 INDEPENDENCE DAY SAVINGS

Receive a reduced rate when you enroll the week of July 1-5, 2019!

#5 TAX BENEFITS

Take advantage of Employer Sponsored Tax Benefit Plans and Federal Child and Dependent Care Credits when you attend ESF.

HOW TO ENROLL

APPLICATION PROCESS

Go online to esfcamps.com/ChestnutHill and click ENROLL NOW. Our "Save Your Cart" feature allows you to start your enrollment selections, save them, share them with family and friends, and then finish enrollment at a later time. Once your enrollment is complete, you will receive a confirmation email and an order receipt. If you are an alumni family, we encourage you to use the same email address you used to enroll last camp season. The portal will give you access to 1) your camper's enrollment, 2) add lunches, 3) pay balances and/or 4) complete any online supplemental camp forms required before the start of camp.

PAYMENTS

A 15% deposit will be due at the time of enrollment. The balance of tuition is due by June 1 or June 15, 2019 (depending on the monthly payment option selected at time of registration). Registrations after June 15, 2019, will be required to be paid in full at time of enrollment.

GROUPING REQUESTS

If you would like your child grouped with a specific friend, please list their first and last name on the online application. Grouped campers MUST be entering the same grade next fall.

HEALTH HISTORY RECORD

For the health and safety of all campers, no child will be allowed to attend camp without a completed ESF Health History Record on file.

LIMITED ENROLLMENT

To maintain a low camper to staff ratio and to ensure a quality experience for your child, applications are accepted on a first-come, first-served basis.

GENERAL INFORMATION

CAMP T-SHIRT

All campers will receive an official camp t-shirt. Please indicate your child's shirt size during online enrollment.

CAMP TOURS

If you and your child would like to meet with us or have a tour of our camp facilities, please call us anytime at **215.247.7010**.

OPTIONAL LUNCH PROGRAM

Campers may bring their lunch and drink to camp which we refrigerate, or they can participate in our lunch program for an additional cost of \$40/week*. To sign up, please check the appropriate box during online enrollment.

Please note: The lunch program is not available during the week of August 19-23. Campers will be required to pack their lunch in an insulated lunch bag.

*Reduced lunch rate offered 4th of July week.

REFRESHMENTS & SNACKS

Campers are provided with a snack and beverage each day. Water coolers and fountains are easily accessible to campers throughout the day.

CANCELLATIONS & CREDIT POLICY

If you need to cancel your child's enrollment, you must notify us in writing by April 1, 2019. Full cancellations made on or prior to this date are subject to a \$100 fee, per child, and a registration fee of \$50 per family. If cancellation is made after April 1 through May 1, 2019, we will issue you a credit for all tuition fees paid, valid through the following calendar year. Your credit is transferable to any family member and may be used for any ESF program.

Please Note: no refunds or credits will be given out after May 2, 2019 regardless of your registration date, vacation, or illness. Changes in enrolled weeks are based on availability. Effective June 1, 2019 a \$25.00 transfer fee will be applied for enrollment changes made once camp starts.

2 CAMP LOCATIONS

Norwood-Fontbonne Academy 8891 Germantown Avenue Chestnut Hill, PA 19118

Chestnut Hill College 9601 Germantown Avenue Chestnut Hill, PA 19118

215.247.7010 esfcamps.com/ChestnutHill



PROFESSIONAL SPORTS CAMPS



PHILLIES BASEBALL ACADEMY

Boys & Girls, Age 6-14 June 17-August 9, 2019 Weekly Sessions – Attend 1 or more!

The official camp of the Philadelphia Phillies, we operate at a variety of great locations in PA, NJ and DE. For all ability levels, we offer topnotch instruction; demonstrations on technique; team and individual tactics; an official Phillies uniform; and a tour of Citizens Bank Park. Clinics by Phillies players and coaches help reinforce skills. Call us today for information and a brochure at 610.520.3400 or visit philliesacademy.com.





PHILADELPHIA UNION SOCCER SCHOOLS Presenting Partner BIMBO

Boys & Girls, Age 6-14 June 17-August 9, 2019 Weekly Sessions – Attend 1 or more!

Join the Philadelphia Union at camp this summer for the experience of a lifetime. Highlights include top-notch soccer instruction, demonstrations from the area's finest coaches and pro players from the Union, a visit to Talen Energy Stadium, and more. Campers will take the field in their very own official Union Soccer Schools uniform and learn from soccer's best! Locations available in PA, NJ and DE. Call us today at 610.581.7600 for more information and a brochure or visit unionsoccerschools.com.





76ERS BASKETBALL CAMPS

Boys & Girls, Age 5-17 June 17-August 23, 2019 Weekly Sessions – Day Camp and Overnight Camp – Attend 1 or more!

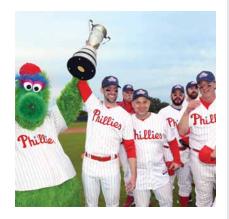
Take your game to the next level at the 76ers Basketball Camps this summer. For ages 5 to 17, day and overnight camp sessions available for the beginner to the advanced player. Learn the drills the Pros use with an emphasis on fundamentals and skill development in an age specific program format. Campers will learn from 76ers players, coaches and other NBA stars. Camps are located throughout PA, NJ and DE. Call us today at 610-668-7676 or visit sixerscamps.com for more information.



PHILLIES PHANTASY CAMP

Men & Women, Age 30+, January 22-26, 2020 (Dates subject to change)

Turn your baseball dreams into reality at this Major League experience in Clearwater Florida at The Phillies Phantasy Camp, official camp of the Philadelphia Phillies. Join a line-up of Phillies Legends for four days of baseball games, with a culminating game against the Legends at Bright House Field. Call us today for information and a brochure at 610.520.3400 or visit philliesphantasycamp.com.



POWERED BY







BE

ESF Summer Camps Winter Headquarters 750 East Haverford Road Bryn Mawr, PA 19010

esfcamps.com/ChestnutHill 215.247.7010



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