EXPERIENCE
esf maxjoy

2026
SPORTS CAMP
NORWOOD-FONTBONNE ACADEMY

CAMP OFFICE: 215-247-7010

Calendar of events is subject to change.

JUNE 15-18
WEEK 1

MONDAY

VIRTUE OF THE WEEK: COMMUNITY & TEAMWORK

WELCOME TO SPORTS CAMP! ONE TEAM, ONE COMMUNITY

Skills development & technical instruction

TUESDAY
Fun skills activities & game play

WEDNESDAY
MLB DAY
Wear your favorite baseball team's gear to camp (hat, t-shirt, jersey or more!)

THURSDAY

AWARDS CEREMONY

FRIDAY
NO CAMP
Juneteenth Holiday

JUNE 22-26
WEEK 2

MONDAY

VIRTUE OF THE WEEK: RESPECT

RESPECT EACH OTHER. RESPECT THE GAME

TUESDAY
Skills development & technical instruction

WEDNESDAY
NHL DAY
Wear your favorite Hockey team's gear to Camp (Hat, T-shirt, jersey, or more!)

THURSDAY
Fun skills activities & game play

FRIDAY
SPECIAL EVENT:
WATER WARRIORS FIELD CHALLENGE
Pack an extra set of dry clothes.

RED VS. BLUE COMPETITION
Wear your team color to camp

AWARDS CEREMONY

JUNE 29 - JULY 2
WEEK 3

MONDAY

VIRTUE OF THE WEEK: POSITIVITY

GOOD ATTITUDE = GREAT ATHLETE

TUESDAY
Skills development & technical instruction

SPECIAL EVENT:
PATRIOTIC WATER BALLOON BONANZA DAY
Pack an extra set of dry clothes & get ready for some crazy & colorful water balloon tosses, relays & more.

WEDNESDAY
HOORAY FOR THE USA!
Celebrate America's 250th Birthday! *Join in the celebration—festive red, white, and blue outfits encouraged!*

Fun skills activities & game play

THURSDAY

SPECIAL GUEST
Milt Thompson: Former Philadelphia Phillies Outfielder & World Series Champion Coach

AWARDS CEREMONY

FRIDAY
NO CAMP
Happy 4th of July

JULY 6-10
WEEK 4

MONDAY

VIRTUE OF THE WEEK: GRATITUDE
What are you grateful for?

SHOW APPRECIATION FOR YOUR COACHES & TEAMMATES

Skills development & technical instruction

TUESDAY
WORLD LEAGUE COMPETITION KICK OFF!

Fun skills activities & game play

TEAM PHOTOS
Wear your camp t-shirt today

WEDNESDAY
NBA DAY
Wear your favorite Basketball team's gear to Camp (Hat, T-shirt, jersey, or more!)

SPECIAL GUEST
John Allen: Seton Hall Basketball Star & International Pro!

PEP RALLY
Show your team spirit!

THURSDAY

WORLD LEAGUE COMPETITION
Norwood travels to William Allen Middle School in Moorestown, NJ for a fun-filled day of spirited competition with ESF/ William Allen Sports Camp!

FRIDAY
SPECIAL EVENT:
WATER PARK DAY!
INFLATABLE WATER SLIDE
Bring an extra bathing suit and towel

AWARDS CEREMONY

JULY 13-17
WEEK 5

MONDAY

VIRTUE OF THE WEEK: KINDNESS
Perform a random act of kindness each day!

KIND WORDS MAKE STRONG TEAMS

SPORTS CAMP IRON CAMPER TRAINING CAMP WEEK

THE COMBINE
A FUN set of skills challenging your agility, mobility, and speed.

TUESDAY
INFLATABLE OBSTACLE COURSE
Compete on an obstacle course custom designed around campus. Highlights include an inflatable challenge course.

WEDNESDAY
GET YOUR GLOW ON IT'S NEON DAY
Wear as much NEON to camp as possible - the more fluorescent the better! It's gonna be bright! Silly Sunglasses recommended!

CELEBRATING NATIONAL CAMP KINDNESS DAY!

SPECIAL GUEST:
Tim Petersen, Founder & Tim Myarick, Head Performance Coach:
Top Player Performance

AQUA OLYMPICS

THURSDAY

IRON CAMPER CAMPWIDE RELAY

FRIDAY

AWARDS CEREMONY

JULY 20-24
WEEK 6

MONDAY

VIRTUE OF THE WEEK: TRUSTWORTHINESS

DO THE RIGHT THING. CHARACTER COUNTS

Skills development & technical instruction

TUESDAY
SPECIAL EVENT:
FOAM PARTY
Don't forget to bring an extra bathing suit and goggles!

WEDNESDAY
WORLD CUP DAY
Wear your favorite Soccer team's gear to Camp (Hat, T-shirt, jersey & more!)

PEP RALLY
Show your team spirit!

THURSDAY

WORLD LEAGUE COMPETITION
Norwood travels to William Allen Middle School in Moorestown, NJ for a fun-filled day of spirited competition with ESF/William Allen Sports Camp!

FRIDAY

RED VS BLUE COMPETITION
Wear your team color to camp

AWARDS CEREMONY

JULY 27-31
WEEK 7

MONDAY

VIRTUE OF THE WEEK: RESILIENCY

DON'T GIVE UP. BOUNCE BACK STRONGER. KEEP TRYING. YOU CAN DO IT

ULTIMATE GAMES WEEK
Blue vs. Green...Who will be this year's champion?

TUESDAY
Skills development & technical instruction

WEDNESDAY
LET'S PAINT THE CAMP BLUE AND GREEN!
Wear your Ultimate Games Team color to camp (hats, ribbons, tops, shorts, and socks)! Parents, decorate your car in your child's team color!

Fun skills activities & game play

THURSDAY
INTERNATIONAL DAY OF FRIENDSHIP
Meet a new teammate today!

SPECIAL EVENT:
COLOR FUN RUN
Wear a white shirt! Bring a change of clothes and goggles.

FRIDAY
ULTIMATE GAMES CLOSING CEREMONIES

AWARDS CEREMONY

AUGUST 3-7
WEEK 8

MONDAY

VIRTUE OF THE WEEK: EFFORT

EFFORT OVER OUTCOME

TUESDAY
Skills development & technical instruction

SPECIAL GUEST
Jordan Wolf:
Duke Lacrosse All-American & Pro Champion (ESF Alumni)

WEDNESDAY
SPORTS FANATIC DAY
It's a Fan Frenzy! Wear your favorite Collegiate Team's jersey and gear to camp or come representing your local leagues (ie. Little League, Travel Soccer, etc.)

THURSDAY
Fun skills activities & game play

RED VS BLUE COMPETITION
Wear your Team color to Camp!

FRIDAY
SPECIAL EVENT:
DIY CAMP CARNIVAL
Hosted by Senior Camp

AWARDS CEREMONY

AUGUST 10-14
WEEK 9

MONDAY

VIRTUE OF THE WEEK: COMMUNITY & TEAMWORK

WE ARE STRONGER TOGETHER!

SPECIAL EVENING EVENT!!!
FAMILY FLING, 6:30PM
Join us for an unforgettable evening of fun, family and friends, as we celebrate the Summer of 2026.

TUESDAY
Skills development & technical instruction

WEDNESDAY
NFL DAY
Wear your favorite Football team's gear to Camp (Hat, T-shirt, jersey, or more!)

THURSDAY
Fun skills activities & game play

FRIDAY
RED VS BLUE CHAMPIONSHIP
Wear your Team color to Camp

AWARDS CEREMONY

AUGUST 17-21
WEEK 10

MONDAY

VIRTUE OF THE WEEK: RESPECT

PLAY WITH INTEGRITY. CHARACTER IS RESPECT IN ACTION

TUESDAY
Skills development & technical instruction

WEDNESDAY
MISMATCHED FANATIC DAY
Come to camp dressed in as many of your favorite Team's gear as possible.

THURSDAY
Fun skills activities & game play

FRIDAY

***FINAL* AWARDS CEREMONY**

SEE YOU NEXT SUMMER!