



Celebrating 16 2005-2020
Summers

A Summer Like No Other!

AT MONTGOMERY SCHOOL • CHESTER SPRINGS, PA
JUNE 15 - AUGUST 21, 2020 | 6 CAMPS | 1-10 WEEKS
FOR BOYS & GIRLS, AGES 3-15



CAMP
CROSSING

RESERVED
PARKING

Admission
Visitors

- 4:00 PM

Bring a Spark to Your Child's Summer

Dear ESF Camp Families,

Cultivate your child's interests with a summer experience that speaks to them. Nationally recognized as The Aspen Institute's 2019 Project Play Champion, ESF Summer Camps is a place where every child is free to explore their curiosity and power their potential. Through best-in-class curriculum, boys and girls, ages 3-15, ignite their interests and prepare for bright futures in any field—whether it's sports, science, technology, the arts or all of the above. Our experienced adult staff knows that the most important role we play in our campers' lives is to provide a safe place to build character, inspire gratitude and spark friendships.

Our exciting 2020 program line-up includes 60+ award-winning activities, uniquely designed to encourage exploration and personal growth. We provide the tools to promote creativity, develop leadership skills, build confidence and improve athletic ability. An ESF Summer will have a lasting impact on each and every camper's growth and development!

We encourage you to enroll now since space is limited. If you have any questions, please call us anytime to learn more about how we can customize your child's ESF experience.

We'll see you soon for... *A Summer Like No Other!*

Sincerely,



MICHAEL J. ROUSE

Executive Director & Co-Founder

(Proud Dad of Campers Finn, Shane and Brody)



The Gold Standard

ESF is a HAPPY PLACE.

With a tradition of excellence since 1982 and a team of year-round professionals committed to your child's success, it's easy to see "The ESF Difference."

We guarantee that a summer at ESF will have a lasting impact on a camper's happiness, growth and development through our experienced adult staff, relevant programs, unparalleled curriculum, world-class campuses, character and life skills, and unwavering commitment to safety.

No Other Camp Comes Close.





The Ultimate Summer Playground

The perfect setting to learn and grow.

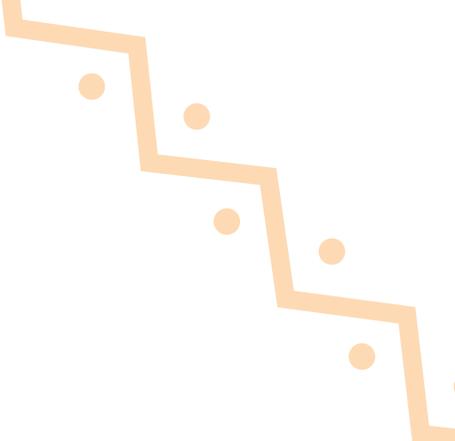
We transform the pristine campus of Montgomery School each summer into a wonderfully welcoming camp setting offering exceptional and authentic camp experiences that evoke lasting, treasured memories. ESF Camps at Montgomery School is home to a community of children and staff that features extensive indoor and outdoor facilities and provides the perfect setting for campers of all ages to learn and grow.

Our exceptional standards include providing a safe, fun, and comfortable environment. Campus facilities are complete with a state-of-the-art outdoor swimming pool, gymnasium, endless athletic fields, classrooms, art studio, science lab, cafeteria, and rural nature trails.

And so much more for campers to explore, rain or shine!







Grow Up with ESF

Great summer experiences come in all shapes and sizes.

No two campers are alike. From one year to the next their interests and curiosities change, and camp experiences should too. ESF's summer programs play at many levels for campers, ages 3-15, with each activity designed to appeal to its specific age group. So every camp, at every age, promises something new. Because one size does not fit all!

Check out the 2020 Camp Line-Up by Grade Level on pages 10 & 11.

More than 60+ activities for every age and interest!

The Premier Collection for Boys and Girls



MINI CAMP: A DIVISION OF DAY CAMP

Rising Preschool

A FUN-FILLED, FIRST CAMP EXPERIENCE!

A fun-filled, first camp experience for our youngest campers. Enjoy daily swim instruction, musical adventures, science & nature, crafts, water play, sports, theme days and more! **See pg. 13**



DAY CAMP

Rising Preschool — 2ND Grades

WAY MORE THAN A TYPICAL DAY CAMP!

Includes daily swim instruction and exciting hands-on activities, which include art, sports, science, drama, special events, theme days, time-honored traditions and more! **See pg. 13**



SPECIALTY MAJOR CAMPS

Rising K — 7TH Grades

CHOOSE A MAJOR. BEGIN A JOURNEY.

Dive into your passions with one of our Specialty Major Camps for varied grades and interests. **See pg. 25**



TECHNOLOGY CAMPS

Rising K — 7TH Grades

TECHNOLOGY + DESIGN + CODE

Choose from a variety of technology camps for a hands-on experience that allows for skill development, exploration and fun! **See pg. 25**

Camps Overview

Campers grouped by rising grade level in each of the individual camps.



 **SPORTSLAB** Rising 1ST — 9TH Grades
POWERED BY  UNDER ARMOUR

WHERE SPORTS AND CHARACTER INTERSECT

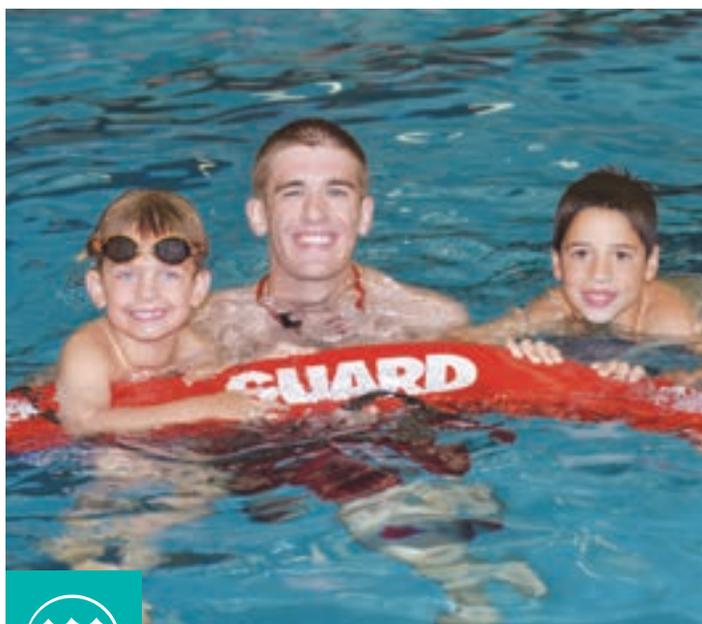
SportsLab, powered by Under Armour, offers multiple sports, skills contests, game play, daily swimming and fun weekly events. Beginner, intermediate and experienced athletes are exposed to a dynamic combination of sports and character. **See pg. 17**



 **SENIOR CAMP**
Rising 3RD — 10TH Grades

EXPERIENCES THEY'LL NEVER OUTGROW

Reach new heights through innovative True Life Adventures designed to broaden the horizons for our oldest campers. Enjoy fun, award-winning activities including: Weekly True Life Adventures along with swimming, art, sports, team initiatives, service learning, leadership skills, and much more! **See pg. 21**



 **AQUATICS PROGRAM**
Rising Preschool — 10TH Grades

MAKE A SPLASH AT THE POOL!

Our Red Cross certified lifeguards and instructors help campers develop life skills while learning to swim confidently in a safe and fun environment. **See pg. 29**



 **EXTEND YOUR DAY**
Rising Preschool — 10TH Grades

THE FUN AND LEARNING CONTINUES!

The fun and learning continues with Club OT, our extended day program and enrichment opportunities.



2020 CAMP LINE-UP BY GRADE LEVEL

LEGEND

	Day Camp: Mini Camp Division
	Day Camp
	SportsLab
	Senior Camp
	Specialty Mini Camps
	Technology Camps

*No Camp on Friday, July 3rd

	WEEK 1 June 15-19	WEEK 2 June 22-26	WEEK 3 June 29-July 2	WEEK 4 July 6-10	WEEK 5 July 13-17	WEEK 6 July 20-24	WEEK 7 July 27-31	WEEK 8 August 3-7	WEEK 9 August 10-14	WEEK 10 August 17-21
WEEK OF:										
PRESCHOOL	Day Camp: Mini Camp Division	Day Camp: Mini Camp Division	Day Camp: Mini Camp Division	Day Camp: Mini Camp Division	Day Camp: Mini Camp Division	Day Camp: Mini Camp Division	Day Camp: Mini Camp Division Show Week	Day Camp: Mini Camp Division Ultimate Games	Day Camp: Mini Camp Division	Day Camp: Mini Camp Division
PRE-K	Day Camp	Day Camp	Day Camp	Day Camp	Day Camp	Day Camp	Day Camp Show Week	Day Camp Ultimate Games	Day Camp	Day Camp
K KINDER-GARTEN OPTIONS	Day Camp	Day Camp	Day Camp	Day Camp	Day Camp	Day Camp	Day Camp Show Week	Day Camp Ultimate Games	Day Camp	Day Camp
1ST RISING 1ST GRADE OPTIONS	Day Camp	Day Camp	Day Camp	Day Camp	Day Camp	Day Camp	Day Camp Show Week	Day Camp Ultimate Games	Day Camp	Day Camp
2ND RISING 2ND GRADE OPTIONS	SportsLab	SportsLab	SportsLab	SportsLab World League Games	SportsLab Iron Camper Week	SportsLab World League Games	SportsLab	SportsLab Ultimate Games	SportsLab	SportsLab
3RD RISING 3RD GRADE OPTIONS	Day Camp	Day Camp	Day Camp	Day Camp	Day Camp	Day Camp	Day Camp Show Week	Day Camp Ultimate Games	Day Camp	Day Camp
4TH RISING 4TH GRADE OPTIONS	SportsLab	SportsLab	SportsLab	SportsLab World League Games	SportsLab Iron Camper Week	SportsLab World League Games	SportsLab	SportsLab Ultimate Games	SportsLab	SportsLab
	Senior Camp TLA: Aerodynamics	Senior Camp TLA: Gourmet Camper 6/25 The Great American Picnic	Senior Camp TLA: Emoji Art-Digital Graphics	Senior Camp TLA: Sportstacking w/ Speedstacks	Senior Camp TLA: Carnival, Circus & Magic Senior Camp Showdown Week	Senior Camp TLA: Songwriting & Music Production	Senior Camp TLA: CO2 Dragsters: The Dynamics of Speed	Senior Camp TLA: Found Sound Bucket Band Ultimate Games	Senior Camp TLA: RockWall-Take the Challenge	Senior Camp TLA: Geocaching-The Ultimate Treasure Hunt
	SportsLab	SportsLab	SportsLab	Interactive Adventures with Makey Makey	Scratch 3.0: Build your own 2D Arcade Games	Lego® Engineering: Bash'em Bots		Ultimate 3D Gaming Camp: Minecraft® and Roblox®	Future Tech with littleBits	
	Senior Camp TLA: Aerodynamics	Senior Camp TLA: Gourmet Camper 6/25 The Great American Picnic	Senior Camp TLA: Emoji Art-Digital Graphics	Senior Camp TLA: Sportstacking w/ Speedstacks	Senior Camp TLA: Carnival, Circus & Magic Senior Camp Showdown Week	Senior Camp TLA: Songwriting & Music Production	Senior Camp TLA: CO2 Dragsters: The Dynamics of Speed	Senior Camp TLA: Found Sound Bucket Band Ultimate Games	Senior Camp TLA: RockWall-Take the Challenge	Senior Camp TLA: Geocaching-The Ultimate Treasure Hunt
	SportsLab	SportsLab	SportsLab	Interactive Adventures with Makey Makey	Scratch 3.0: Build your own 2D Arcade Games	Lego® Engineering: Bash'em Bots		Ultimate 3D Gaming Camp: Roblox	Future Tech with littleBits	
	Senior Camp TLA: Aerodynamics	Senior Camp TLA: Gourmet Camper 6/25 The Great American Picnic	Senior Camp TLA: Emoji Art-Digital Graphics	Senior Camp TLA: Sportstacking w/ Speedstacks	Senior Camp TLA: Carnival, Circus & Magic Senior Camp Showdown Week	Senior Camp TLA: Songwriting & Music Production	Senior Camp TLA: CO2 Dragsters: The Dynamics of Speed	Senior Camp TLA: Found Sound Bucket Band Ultimate Games	Senior Camp TLA: RockWall-Take the Challenge	Senior Camp TLA: Geocaching-The Ultimate Treasure Hunt
	SportsLab	SportsLab	SportsLab	Interactive Adventures with Makey Makey	Scratch 3.0: Build your own 2D Arcade Games	Lego® Engineering: Bash'em Bots		Ultimate 3D Gaming Camp: Roblox	Future Tech with littleBits	

WEEK OF:	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10
	June 15-19	June 22-26	June 29-July 2	July 6-10	July 13-17	July 20-24	July 27-31	August 3-7	August 10-14	August 17-21
5 th RISING 5 th GRADE OPTIONS	Senior Camp TLA: Aerodynamics	Senior Camp TLA: Gourmet Camper 6/25 The Great American Picnic	Senior Camp TLA: Emoji Art-Digital Graphics	Senior Camp TLA: Sportstacking w/ Speedstacks	Senior Camp TLA: Carnival, Circus & Magic Senior Camp Showdown Week	Senior Camp TLA: Songwriting & Music Production	Senior Camp TLA: CO2 Dragsters: The Dynamics of Speed	Senior Camp TLA: Found Sound Bucket Band Ultimate Games	Senior Camp TLA: RockWall-Take the Challenge	Senior Camp TLA: Geocaching-The Ultimate Treasure Hunt
	SportsLab	SportsLab	SportsLab	SportsLab World League Games	SportsLab Iron Camper Week	SportsLab World League Games	SportsLab	SportsLab Ultimate Games	SportsLab	SportsLab
6 th RISING 6 th GRADE OPTIONS	Senior Camp TLA: Aerodynamics	Senior Camp TLA: Gourmet Camper 6/25 The Great American Picnic	Senior Camp TLA: Emoji Art-Digital Graphics	Senior Camp TLA: Sportstacking w/ Speedstacks	Senior Camp TLA: Carnival, Circus & Magic Senior Camp Showdown Week	Senior Camp TLA: Songwriting & Music Production	Senior Camp TLA: CO2 Dragsters: The Dynamics of Speed	Senior Camp TLA: Found Sound Bucket Band Ultimate Games	Senior Camp TLA: RockWall-Take the Challenge	Senior Camp TLA: Geocaching-The Ultimate Treasure Hunt
	SportsLab	SportsLab	SportsLab	SportsLab World League Games	SportsLab Iron Camper Week	SportsLab World League Games	SportsLab	SportsLab Ultimate Games	SportsLab	SportsLab
7 th RISING 7 th GRADE OPTIONS	Senior Camp TLA: Aerodynamics	Senior Camp TLA: Gourmet Camper	Senior Camp TLA: Emoji Art-Digital Graphics	Senior Camp TLA: Sportstacking w/ Speedstacks 7/9 Fiesta	Senior Camp TLA: Carnival, Circus & Magic Senior Camp Showdown Week	Senior Camp TLA: Songwriting & Music Production	Senior Camp TLA: CO2 Dragsters: The Dynamics of Speed	Senior Camp TLA: Found Sound Bucket Band Ultimate Games	Senior Camp TLA: RockWall-Take the Challenge	Senior Camp TLA: Geocaching-The Ultimate Treasure Hunt
	SportsLab	SportsLab	SportsLab	SportsLab World League Games	SportsLab Iron Camper Week	SportsLab World League Games	SportsLab	SportsLab Ultimate Games	SportsLab	SportsLab
8 th RISING 8 th GRADE OPTIONS	Senior Camp TLA: Aerodynamics	Senior Camp TLA: Gourmet Camper	Senior Camp TLA: Emoji Art-Digital Graphics	Senior Camp TLA: Sportstacking w/ Speedstacks 7/9 Fiesta	Senior Camp TLA: Carnival, Circus & Magic Senior Camp Showdown Week	Senior Camp TLA: Songwriting & Music Production 7/23 Sleepover	Senior Camp TLA: CO2 Dragsters: The Dynamics of Speed	Senior Camp TLA: Found Sound Bucket Band Ultimate Games	Senior Camp TLA: RockWall-Take the Challenge	Senior Camp TLA: Geocaching-The Ultimate Treasure Hunt
	SportsLab	SportsLab	SportsLab	SportsLab World League Games	SportsLab Iron Camper Week	SportsLab World League Games	SportsLab	SportsLab Ultimate Games	SportsLab	SportsLab
9 th RISING 9 th GRADE OPTIONS	Senior Camp TLA: Aerodynamics	Senior Camp TLA: Gourmet Camper	Senior Camp TLA: Emoji Art-Digital Graphics	Senior Camp TLA: Sportstacking w/ Speedstacks 7/9 Fiesta	Senior Camp TLA: Carnival, Circus & Magic Senior Camp Showdown Week	Senior Camp TLA: Songwriting & Music Production 7/23 Sleepover	Senior Camp TLA: CO2 Dragsters: The Dynamics of Speed	Senior Camp TLA: Found Sound Bucket Band Ultimate Games	Senior Camp TLA: RockWall-Take the Challenge	Senior Camp TLA: Geocaching-The Ultimate Treasure Hunt
	SportsLab	SportsLab	SportsLab	SportsLab World League Games	SportsLab Iron Camper Week	SportsLab World League Games	SportsLab	SportsLab Ultimate Games	SportsLab	SportsLab
10 th RISING 10 th GRADE OPTIONS	Senior Camp TLA: Aerodynamics	Senior Camp TLA: Gourmet Camper	Senior Camp TLA: Emoji Art-Digital Graphics	Senior Camp TLA: Sportstacking w/ Speedstacks 7/9 Fiesta	Senior Camp TLA: Carnival, Circus & Magic Senior Camp Showdown Week	Senior Camp TLA: Songwriting & Music Production 7/23 Sleepover	Senior Camp TLA: CO2 Dragsters: The Dynamics of Speed	Senior Camp TLA: Found Sound Bucket Band Ultimate Games	Senior Camp TLA: RockWall- Take the Challenge	Senior Camp TLA: Geocaching-The Ultimate Treasure Hunt
	SportsLab	SportsLab	SportsLab	SportsLab World League Games	SportsLab Iron Camper Week	SportsLab World League Games	SportsLab	SportsLab Ultimate Games	SportsLab	SportsLab





Swimmer? Artist? Athlete?
Have We Got A Camp For You!

DAY CAMP Rising Preschool — 2ND Grades

A camper's summer experiences should be as diverse as their growing interests. With a variety of hands-on activities for curious young minds, it's a time for exploring, creating, discovering, and eye-opening, with endless opportunities to uncover talents and forge new friendships. Led by our dynamic and experienced staff, Day Camp provides a wide variety of exciting hands-on activities and pure fun for a well-rounded summer experience. Campers are grouped in Bunks, according to their rising grade level. As they grow each year, they progress through one of our three Day Camp Divisions; each with a wide array of exciting, age-appropriate programs and activities.

This is way more than just a day at camp!

Explore Day Camp



SAMPLE DAILY SCHEDULE

Activities and schedules rotate on a daily basis. Each camper is a member of a Bunk that stays together throughout the day.

- DROP-OFF**
- Morning Assembly
BUNK CHALLENGES
- Activity 1
SWIM INSTRUCTION
- Activity 2
SCIENCE, ECOLOGY & NATURE
- SNACK**
- Activity 3
ARTS AND CRAFTS
- Activity 4
SPORTS
- LUNCH**
- Activity 5
PLAYGROUND
- Activity 6
SPECIAL EVENTS & TEAM BUILDING
- Activity 7
PLAYZONE (PREK & K) & WEEKLY SPECIALS (1ST & 2ND)
- AFTERNOON ASSEMBLY & FRIDAY ROUND UP**

Daily schedules are subject to change.

WEEKLY SPECIALS (1st - 2nd Grades):

- Innovation Lab: Adventures in STEM
- Fencing
- Camping 101 **NEW for 2020!**
- Gaga
- Archery
- Just Try It Day (2nd Grade Bunks).

TRADITIONS:

- **Sleep Under Pajama Party**
Rising 2nd Grade Bunks | Thurs., July 16th, 5pm-8pm
- **Ultimate ESF Games: Green vs. Blue** - Week of August 3-7

AT A GLANCE | SESSIONS & HOURS

Monday-Friday: 9am-3pm | 2-10 Week Options

June 15-August 21, 2020 | No camp on Friday, July 3rd

EXTEND YOUR CAMP DAY!

- 1) **Club OT:** Daily from 7:30am to 6:00pm
- 2) **After-Camp Enrichment:** Private lessons in swimming, sports and tutoring

WEEKLY TUITION

MINI CAMP

AM (9AM - 1PM).....\$360/wk

Full Day (9AM - 3PM).....\$495/wk

DAY CAMP

Full Day (9AM - 3PM).....\$495/wk

CAMP DIVISIONS



MINI CAMP: A DIVISION OF DAY CAMP

Rising Preschool

Preschoolers explore their world through hands-on learning activities. They are curious, active, eager and excited to discover something new each and every day. The Mini Camp Division provides our youngest, bubbliest campers with opportunities for daily swim instruction, running, jumping, climbing, singing, dancing, and so much more! **Campers must be 3 years-old by June 1, 2020 and be potty trained in order to attend camp. AM & Full day options available.**

HIGHLIGHTS



INSTRUCTIONAL SWIMMING

With daily instructional swimming, campers receive an initial skill assessment and then progress at their own pace. Progress reports are sent home weekly. **For more information on ESF's Aquatics program, go to: esfcamps.com/montgomery/esf-aquatics-program/**



LOWER CAMP DIVISION

Rising PreK & K

Rising PreK and Kindergarten campers love to be busy! The Lower Camp Division provides them with opportunities for developing fundamental skills, making new friends and experiencing the world through hands-on activities. Uniquely designed programming helps our young campers thrive while discovering, exploring, playing and growing.

Campers are grouped in Bunks by rising grade level.



UPPER CAMP DIVISION

Rising 1ST & 2ND Grades

Rising First and Second grade campers are industrious, enthusiastic, inquisitive and creative. Making new friends, being on a team and engaging in dynamic activities is now more important than ever. In addition to all of the fun-filled Day Camp programs, the Upper Camp Division adds many new traditions and specialized, age-appropriate activities to campers' schedules.

Campers are grouped in Bunks by rising grade level.



DAY CAMP SHOW

Friday, July 31ST

Possibilities: An Olympic Journey, from Plank Road Publishing; by Teresa Jennings. Friends and family will be invited to attend.



FAVORITE TRADITION: SPIRIT STICK

Campers start the day off with a cheer and a challenge. During morning assembly, the Bunk that shows the most teamwork, participation and spirit wins the Spirit Stick for the day.





POWERED BY



Where Sports and Character Intersect

SPORTSLAB Rising 1ST - 9TH Grades

SportsLab is ESF Sports Camp re-imagined! With a multi-sport focus, campers will enjoy skills contests, game play, and a variety of fun events each week. The beginner, intermediate and experienced athlete will be exposed to a dynamic combination of sports and character with instruction by top-notch coaches, geared to individual skill levels. Campers are grouped on Teams according to their rising grade level. As they grow each year, they progress through one of our four SportsLab Conferences.

Learn more, Play more, Be more!

Explore SportsLab



SAMPLE DAILY SCHEDULE

Each day, campers receive individualized & group instruction and game play in 2 of our core sports!

-  **DROP-OFF**
Get up. Go Play!
-  Morning Warm-Up
-  **STRETCHING & CONDITIONING**
Mobility & Agility Through The UA Training Methodology
-  Sport 1
SKILL DEVELOPMENT & SMALL-SIDED GAMES
-  **SNACK**
-  Sport 1
LEAGUE GAMES & SKILLS COMPETITIONS
-  **LUNCH**
-  **CHARACTER DEVELOPMENT & SPORTS PERFORMANCE**
-  Afternoon Warm-Up
-  **STRETCHING & CONDITIONING**
-  **SWIM/CHOICE PERIOD**
-  Sport 2
SKILL DEVELOPMENT & SMALL-SIDED GAMES
-  **SNACK**
-  Sport 2
LEAGUE GAMES & SKILLS COMPETITIONS
-  Wrap-up
AFTERNOON ASSEMBLY

Daily schedules are subject to change.

EVERY WEEK

- Tournaments
- Sport Specific Skills Competitions
- Leadership Training
- Championship Fridays

SPECIAL EVENTS & HIGHLIGHTS

- Master Coach Appearances & Demonstrations
- Official Under Armour Tee for each Camper
- **World League Championship Series** - Weeks of July 6-10 & July 20-24
- **SportsLab Iron Camper Events** - Week of July 13-17
- **Ultimate ESF Games: Green vs. Blue** - Week of August 3-7

AT A GLANCE | SESSIONS & HOURS

Monday-Friday: 9am-3pm | 2-10 Week Options
June 15-August 21, 2020 | No camp on Friday, July 3rd

TWO WAYS TO EXTEND YOUR CAMP DAY!

- 1) **Club OT:** Daily from 7:30am to 6:00pm
- 2) **After-Camp Enrichment:** Private lessons in swimming, sports and tutoring

WEEKLY TUITION

SportsLab.....\$495/wk

FEATURES



CORE SPORTS

Basketball, Baseball*, Soccer, Flag Football, Lacrosse

CHOICE SPORTS

Daily Swimming, European Team Handball, Floor/Street Hockey

*Equipment: Baseball glove required. We supply the rest.

TRADITIONS



SPORTSLAB IRON CAMPER WEEK

Week of July 13 - 17

This fun and exciting, action-packed week includes daily team events in the areas of strength, fitness, and endurance. Events include: Extreme Rush Great Inflatable, SportsLab Obstacle Course, SportsLab Fitness Challenge, and more.



CHARACTER DEVELOPMENT THROUGH SPORTS PERFORMANCE

Our coaches use the power of sports to enhance and reinforce successful character development traits. Our character-building curriculum has been expertly designed through the research and development of Dr. Jim Loehr, world-renowned performance psychologist, best-selling author and ESF subject matter expert.



SWIMMING

Rising 1st–3rd Grades: Instructional Swimming is offered daily.

Rising 4th–9th Grades: Recreational Swimming is offered daily. Additionally, optional swimming instruction is also offered 2 days per week, before camp at no extra charge.

For more information on ESF's Aquatics program, go to: esfcamps.com/montgomery/esfs-aquatics-program/



WORLD LEAGUE CHAMPIONSHIP SERIES

Weeks of July 6-10 & July 20-24, (Grades 2+)

Travel and compete in this action-packed experience. Get in the game. Win or lose, you're sure to have a blast. Dates are subject to change.



FAVORITE TRADITION: WEEKLY AWARDS CEREMONY

In honor of outstanding achievements, both on and off the field, campers are recognized with awards in teamwork, hustle, sportsmanship, improvement and leadership.





Experiences They'll Never Outgrow

SENIOR CAMP Rising 3RD – 10TH Grades

With a day that begins with team challenges and ends with a dance party. Where we build a real-life carnival from the ground up and learn how to cook mouth-watering recipes. With leadership skills and good citizenship built into everything we do. This is no ordinary camp.

Campers are grouped according to their rising grade level. As they grow each year, they progress through one of our two Senior Camp Divisions, each with a wide array of exciting, age-appropriate programs and activities.

True Life Adventures Start Here!

Explore Senior Camp



SAMPLE DAILY SCHEDULE

Activities and schedules rotate on a daily basis.
Experience a new True Life Adventure each week.

DROP-OFF

Welcome

MORNING ASSEMBLY & ORACLE CHALLENGES

Activity 1
TRUE LIFE ADVENTURES

Activity 2
DIY STUDIO

SNACK

Activity 3
INSTRUCTIONAL SWIMMING (GRADES 3RD & 4TH)
RECREATIONAL SWIMMING (GRADES 5TH - 9TH)

Activity 4
SPORTS

LUNCH

Activity 5
TEAM BUILDING & LEADERSHIP DEVELOPMENT

Activity 6
SPECIAL WEEKLY ACTIVITIES

Activity 7
CHOICE

AFTERNOON ASSEMBLY

Daily schedules are subject to change.

WEEKLY SPECIALS

- Fencing
- Gaga
- Archery
- Leadership Development
- Club Choice
- Community Connections (Service Learning)
- Time-Honored Traditions
- Weekly Theme Days
- Special Events
- And More!

SPECIAL EVENTS

- **Senior Camp Showdown Events** | Week of July 13-17
- **Ultimate ESF Games: Green vs. Blue** | Week of August 3-7
- **The Great American Picnic** | Thurs, June 25th
3:45pm - 7:00pm | Rising 3rd-6th Grades only
- **Fiesta** | Thurs, July 9th | 3:45pm - 7:00pm
Rising 7th-10th Grade only
- **Senior Camp Sleepover**
Thurs, July 23rd 7:00pm | Oldest Group only

AT A GLANCE | SESSIONS & HOURS

Monday-Friday: 9am-3pm | 2-10 Week Options
June 15-August 21, 2020 | *No camp on Friday, July 3rd*

TWO WAYS TO EXTEND YOUR CAMP DAY!

- 1) **Club OT:** Daily from 7:30am to 6:00pm
- 2) **After-Camp Enrichment:** Private lessons in swimming, sports and tutoring.

WEEKLY TUITION

Senior Camp.....\$535/wk

CAMP DIVISIONS



SENIOR CAMP DIVISIONS

Campers are grouped according to their rising grade level. There are two Senior Camp Divisions, each with a wide array of exciting, age-appropriate programs and activities. **Senior Division 1 (Rising 3rd-6th Grades)** and **Senior Division 2 (Rising 7th-10th Grades)**.

TRADITIONS



THE SENIOR CAMP SHOWDOWN

Week of July 13-17

A week-long competition, where strength, speed, critical thinking and teamwork combine! Events include an inflatable obstacle course, the Amazing Race, Trivia Face-off, Aqua Olympics and more!

FEATURES



THE APPRENTICE PROGRAM

Rising 7th - 10th Grades

Create life-long friendships while participating in Senior Camp traditions and TLA's, along with team building activities, leadership training, community service projects, mentoring opportunities, project-based learning, and more.



SWIMMING

Rising 3rd & 4th Grade: Instructional Swimming is offered 4 days per week. Recreational Swimming is offered 1 day per week on Friday.

Rising 5th-10th Grades: Recreational Swimming is offered daily. Additionally, optional swimming instruction is also offered 2 days per week, before camp at no extra charge.

For more information on ESF's Aquatics program, go to: esfcamps.com/montgomery/esfs-aquatics-program/



TRUE LIFE ADVENTURES (TLA)

Broaden horizons and build life skills with a different adventure each week. ***For descriptions of the 2020 TLA's, go to pg 30**



FAVORITE TRADITION: THE ORACLE

Awarded daily to the group that demonstrates the most respect and kindness towards each other, as well as teamwork, effort and dedication at camp.

2020 True Life Adventures (TLA) Schedule

June 15-19	June 22-26	June 29-July 2'	July 6-10	July 13-17	July 20-24	July 27-31	August 3-7	August 10-14	August 17-21
Aerodynamics: Super Flying Machines	Gourmet Camper: A Culinary Tri-fecta	Emoji Art: Digital Graphics	Sportstacking w/ Speedstacks	Carnival, Circus & Magic	Songwriting & Music Production	CO2 Dragsters: The Dynamics of Speed	Found Sound Bucket Band	RockWall: Take the Challenge	Geocaching: The Ultimate Treasure Hunt

***No Camp on Friday, July 3rd**





Robotics. Engineering. Drones. Game Design.
Never a dull moment!

SPECIALTY MAJOR & TECHNOLOGY CAMPS Rising K – 7TH Grades

Think of it as a liberal arts degree in FUN. Plenty of different Majors and Technology Camps to choose from, each designed to provide real life, hands-on experiences to fulfill curiosities all summer long – a different experience each week. There's even time for recreational games and socializing with friends each day.

Choose an Experience. Begin a Journey!

Explore Our Specialty and Technology Camps



DRONE CAMP



DIGITAL DESIGN CAMPS



LEGO® ENGINEERING CAMP



MAKERSPACE CAMP



CODING CAMPS



ROBOTICS CAMPS



SPECIALTY MAJOR & TECHNOLOGY CAMPS



Rising K-7th Grades

Choose from a variety of exciting, new Majors to explore the depths of engineering, innovation and design! Our variety of new, custom-designed, cutting-edge Tech Camps allow for skill development, exploration and fun! Our curriculum is designed to teach the practical application of technology through computational and design thinking while solving real-world problems in their own unique way.

***For descriptions of the 2020 Specialty Major and Technology Camps, go to pages 30-31**

Technology Camps Curriculum designed by 

JULY 6-10

First Steps Makerspace | Grades K-1
Interactive Adventures with Makey Makey* | Grades 2-4

JULY 13 - 17

Flight School: Drone Expeditions | Grades 4-7
Scratch 3.0*: Build Your Own 2D Arcade Games | Grades 2-4

JULY 20 - 24

Lego® Engineering: Bash'em Bots | Grades 2-4
Movie Maker: Filming and Video Production | Grades 5-7

JULY 27 - 31

Junior Robotics Journey | Grades K-1
Roblox® Game Design | Grades 5-7

AUGUST 3 - 7

Micro:bit in Space | Grades 5-7
Ultimate 3D Gaming: Minecraft® and Roblox® | Grades 2-4

AUGUST 10 - 14

EV3 Olympics: Robotic Team Sports with EV3 | Grades 5-7
Future Tech with littleBits* | Grades 2-4

For a sample daily schedule of Specialty Major & Technology Camps go to esfcamps.com/camps-experiences/

SWIMMING: SPECIALTY MAJOR & TECHNOLOGY CAMPS

Rising 1st-7th Grades

Rising 1st-7th Grades: Recreational swimming is available during the camp day. Additionally, optional swimming instruction is also available 2 days per week, before camp at no extra charge. **For more information on ESF's Aquatics program, go to: esfcamps.com/montgomery/esfs-aquatics-program/**

AT A GLANCE | SESSIONS & HOURS

Monday-Friday: 9am-3pm | 1-6 Week Options
 July 6-August 14, 2020

EXTEND YOUR CAMP DAY!

- 1) **Club OT:** Daily from 7:30am to 6:00pm
- 2) **After-Camp Enrichment:** Private lessons in swimming, sports and tutoring

WEEKLY TUITION

Specialty Major Camps.....\$565-615/wk
 Technology Camps.....\$565-615/wk





Make a Splash At the Pool!



AQUATICS PROGRAM

Rising PreSchool-10th Grades

Our Aquatics Program is the finest around. We develop swimmers utilizing the latest teaching techniques and coaching methods. Beginning with water safety skills and basic fundamentals, we then move on to progressive stroke development and refinement of techniques. Our well-established program is designed to be compatible with the unique and ever-changing abilities and skill levels of each camper.



INSTRUCTION BY CAMP

Swimming is one of the most exciting parts of the camp day. Under the guidance and watchful eye of our American Red Cross certified lifeguards and instructors, campers develop life skills too valuable to measure while learning how to swim confidently in a safe and fun environment. We maintain a low staff to camper ratio.

For swimming details by site, please go to the individual camp page or visit us online at esfcamps.com/montgomery/esfs-aquatics-program/

AFTER CAMP PRIVATE SWIM INSTRUCTION

ESF also offers private swim instruction to campers who are interested in devoting more time to enhancing their skills. Available under the guidance and direction of our American Red Cross certified instructors and lifeguards. Lessons are designed to be compatible with individual camper needs and skill levels. To enroll, please indicate your preferred days/times using our online Supplemental Form or call the camp office when camp is open. Once camp is in session, we set up a schedule based on your preferred dates and instructor availability. Instructors may change daily.

HIGHLIGHTS

- Certified Aquatics Staff
- Seasoned Aquatics Director
- Skill Level Progression
- Safety Testing
- Awards & Progress Reports

2020 Camp Dates & Descriptions



2020 SENIOR CAMP TRUE LIFE ADVENTURE SCHEDULE

Aerodynamics: Super Flying Machines | June 15 - 19

Take flight and join us for an exciting week that propels campers from ground zero to great heights! This aeronautical STEM TLA provides campers with hands-on experiences and insights into the physics of flight, force and motion. The fun is at an all-time high as they design, prototype, build and test their own flying structures and gliders!

Gourmet Camper: A Culinary Tri-Fecta | June 22 - 26

Put on your apron, roll up your sleeves, and join us for a Culinary tri-fecta of breakfast, lunch, and dinner specialties - with a splash of appetizers and desserts on the side! With the guidance of our executive chef, create and enjoy palate-pleasing dishes. This hands-on culinary experience will teach you about food preparation and kitchen safety, provide helpful hints for measuring, chopping, mixing, and garnishing, and help you discover the joy of cooking!

Emoji Art: Digital Graphics | June 29 - July 2*

Everyone loves emojis - those cute and colorful symbols that communicate more than emotions! In this creative TLA, you will use digital graphics to layer Emojis of different sizes, colors and shapes to create self-portraits, landscapes, and creative works of art. At the end of the week, print out and mat your favorite creation made from these iconic symbols to display at ESF's Emoji Art Exhibition.

***Please note: Camp is closed Friday, July 3rd.**

Sport Stacking with Speed Stacks | July 6 - 10

Welcome to ESF's Ultimate Sport Stacking TLA! Also known as cup stacking or speed stacking, this individual and team fitness sport combines hand-eye coordination, balance, concentration, quick reflexes, speed and power! Throughout the week, campers increase agility and skills through participation in cup stacking warm-ups, drills and exercises, as well as team and individual timed challenges! Campers will also enjoy outdoor, team building initiatives using large-scale jumbo cups including relays, doubles stacking and more! Friday culminates with The Great ESF Sport Stacking Tournament. How fast can you stack the cups?

Camp Carnival, Circus Skills and Magic | July 13 - 17

One of our most-anticipated traditions in Senior Camp, you will have the opportunity to design and build a Carnival from the ground up. Learn face painting techniques and how to create balloon animals. Become proficient in juggling, clowning and sleight of hand magic tricks. Finalize your Carnival booths and practice your performance skills in preparation for the exciting Main Event hosted for Day Campers on the last day!

Song Writing & Music Production | July 20 - 24

Explore music fundamentals and enjoy daily "jam sessions" with a professional producer. Compose and record your own hit songs with high-tech, multimedia technology using the Garage Band and MadPad apps on an iPad. For the grand finale, perform at the annual "ESF Music Awards". Friends and family are invited.

CO2 Dragsters: The Dynamics of Speed | July 27 - 31

Start your engines and prepare for the ultimate demonstration of force, motion, speed, friction, and acceleration as you cruise through this powerful TLA. Discover the design process while creating your very own, durable model CO2 dragster. Learn about production, finishing, and testing your custom vehicle - all in preparation for the grand finale, The ESF Dragster Race Day Competition!

Found Sound Bucket Band | August 3 - 7

Traditional, concert, and street styles of percussion meet for a fun-filled musical expression that will result in new compositions, creative insights into music-making and maybe even new dance forms. Play and write folk inspired drum 'beats' and learn important musical lessons such as internalization of tempos and improvisation while playing music together. Buckets and found instruments will add to a variety of timbres and ensembles, and aid in producing inventive rhythms. Friends and family are invited to attend "A Symphony of Found Sound" on the last day!

Rockwall: Take the Challenge | August 10 - 14

Conquer a towering rockwall with challenges designed for each skill level, under the watchful eye of an experienced instructor. This journey will lead you down the road of self-discovery, as you participate in teambuilding initiatives, collaborative problem-solving activities and exercises designed to develop and enhance the leader in you!

Geocaching: The Ultimate Treasure Hunt | August 17 - 21

Welcome to a new kind of adventure! Join us for the ultimate treasure hunt and discover the exciting sport of Geocaching! After exploring the fundamentals of geocaching and mastering the use of handheld GPS devices, campers prepare for and embark on outdoor scavenger hunts throughout campus to find hidden "caches" or treasures.



2020 SPECIALTY MAJOR & TECHNOLOGY CAMPS SCHEDULE

EV3 Olympics: Robotic Team Sports with EV3 | Rising Grades 5-7 | August 10-14

Take home the gold medal in this Olympics themed robotics camp! Campers get in on the action with the LEGO® EV3 robotic system this summer, as they design and build robots that can actually play some of our favorite Olympic sports including soccer, shot put, relay races and more. Additionally, campers discover how to program simple and complex tasks with the drag and drop Mindstorms software while modifying their robots with arms and grabbers for quick maneuvering during these challenging multi-sport, international Olympic events. Hardware: Laptops, LEGO® EV3 Kit, iPads / Software: LEGO® Mindstorms

First Steps Makerspace | Rising Grades K-1 | July 6-10

In this exciting program, campers gain a hands-on introduction to design thinking, programming and project-based learning. Taught in an immersive environment that inspires learning, exploration, creativity and fun, campers design and build their own projects through a variety of collaborative activities. Campers also participate in innovative lessons using Lite Brite, Lego® and Scratch® 3.0, while exploring themes in storytelling, animation and dialogue. Perfect for young campers who want to develop skills in technology, design and teamwork. Hardware: Laptops, Cryptographic Beaded Bracelets, Lite Brite, Lego® / Software: Scratch® 3.0

Flight School: Drone Expeditions **Rising Grades 4-7 | July 13-17**

Drones are changing the landscape of our everyday lives! In this camp you will explore the laws of physics! With a focus on the science, technology and engineering of flight, you will gain first-hand experience building and testing your own indoor, aerodynamic drones. All skill levels welcome. No prior experience necessary.

Future Tech with littleBits® | **Rising Grades 2-4 | August 10-14**

This exciting program allows campers to invent, innovate and design with technology. While providing a great introduction to simple and complex circuits using snap together circuit blocks, campers are tasked to combine critical thinking and physical design to imagine inventions of the future. Putting their ideas and engineering skills to use, campers create an art robot, a motorized vehicle, a personal security device and more. No prior experience is necessary. Hardware/Software: littleBits®, Laptop

Interactive Adventures with **Makey Makey® |** **Rising Grades 2-4 | July 6-10**

This exciting, hands-on program allows campers to explore their creativity while discovering electrical engineering concepts. Through the use of intuitive circuit boards, campers create inventions and bring them to life by combining the Makey Makey® circuit board, cardboard prototypes and Scratch® for a fully interactive experience. By taking coding off the screen and into everyday objects, campers flex their creative muscles to design and build a bionic arm, a funky musical instrument and more. Hardware: Laptops and Makey Makey® / Software: Scratch®

Junior Robotics Journey | **Rising Grades K-1 | July 27-31**

Early exploration with engineering and robotics starts here! Through this interactive journey into the world of robotics, visual coding and creativity, campers are introduced to Ozobots and Dash & Dot! A perfect blend of fun and imagination, this camp provides opportunities to learn programming, design thinking and problem-solving. The excitement is at an all-time high, as campers work in teams to code their robots' behaviors, dream up new adventures and engage in self-guided missions! Hardware: Ozobots, Dash & Dot, Tablets (iPads)

Lego® Engineering: Bash'em Bots **Rising Grades 2-4 | July 20-24**

Traverse challenging obstacles, battle against fellow bots, and take on colossal creations in the competition arena during this epic Lego® adventure. Campers work together to customize their chassis to become a Minerbot, a Juggernaut, or an Iron Elephant. After applying real-world engineering and physics concepts their Bots bash and crash their way to victory.

Micro:bit in Space | **Rising Grades 5-7 | August 3-7**

This uniquely designed camp combines coding and engineering, with a focus on innovative thinking and prototype development. While building fundamental skills and exploring electronic components, campers program their circuits to react with Micro:bit circuit boards and the MakeCode software platform. Working individually and collaboratively, campers create simple games and ultimately, add more complex components to the Micro:bit to expand its functionality. A variety of outer space-themed challenges task campers to create projects including a blast-off countdown timer, an astronaut reaction game and a g-force accelerometer, just to name a few. At the end of the week, campers take home their Micro:bit and projects for further exploration and fun. Hardware: Laptops, Micro:bit, GatorGit / Software: Microsoft MakeCode

Movie Maker: Filming and Video **Production | Rising Grades 5-7 |** **July 20-24**

Creativity, technology, and design converge in this exciting hands-on program! Campers bring their digital media skills to the next level, as they explore their passion for the arts using editing software like OpenShot and Pixlr and professional-grade equipment including Nikon CoolPix, Nikon DSLRs, GoPros, and more. Through an in-depth exploration of videography, visual storytelling and photography, campers grow both in front of and behind the camera as they collaborate with their team to create short-form multimedia projects. Hardware: Laptops, Nikon CoolPix, Nikon DSLRs, GoPros, tablets / Software: OpenShot®, Pixlr®

Roblox® Game Design | **Rising Grades 5-7 | July 27-31**

One of the most popular and fastest growing gaming platforms in recent years, Roblox® has captured the attention of individuals around the world. Using a unique and structured approach, campers learn how to think about imaginative game development like real-world professionals. Utilizing the robust creation tools in Roblox®, campers work individually and collaboratively, to level up their game design skills and think creatively while inventing interactive worlds. After producing themes, storylines, objectives and goals, campers publish and share their games for others to play. Advanced students dive into more complex Lua coding to customize their games further. Hardware: Laptops / Software: Roblox®, Roblox® Studio

Scratch® 3.0: Build Your Own 2D **Arcade Games |** **Rising Grades 2-4 | July 13-17**

Scratch® coding camp provides a great introduction to computer programming. Using the new and improved Scratch® 3.0, campers learn the basics of game design and character animation in a sophisticated, yet easy to learn environment. After creating 2D arcade games with multiple animated characters, campers enjoy game play with their friends. Campers also explore their imagination while making innovative art with code, using new code blocks in Scratch®. No prior experience necessary. All skill levels are welcome. Hardware: Laptops / Software: Scratch®

Ultimate 3D Gaming Camp: **Minecraft® and Roblox® |** **Rising Grades 2-4 | August 3-7**

This innovative camp fuses together two of the most popular gaming platforms in the world to offer the gaming experience of a lifetime! While embarking on a virtual adventure, campers exercise their creativity in an atmosphere centered on "world building" and interaction. Using drag-and-drop visual tools to imagine, design and build their own environments, campers construct extraordinary worlds with Minecraft® and Roblox®. No prior experience is required. Hardware: Tablet (iPads), Laptops / Software: Minecraft®, Roblox®





Ways To Save!



SIBLING DISCOUNT

- Register one child for camp and save an **EXTRA 5%** for each additional sibling.
**Discount applies to the lesser tuition(s)*



MULTI-WEEK SAVINGS

- Enroll for 3-5 weeks to get an **EXTRA 3%** savings per child
- Enroll for 6 or more weeks to get an **EXTRA 6%** savings per child.



REFER A FRIEND *NEW FOR 2020!

- Receive **\$50 OFF** 2021 Camp Tuition for each new camp family you refer that enrolls.



INDEPENDENCE DAY SAVINGS

- Receive a reduced rate when you enroll the week of June 29 – July 2, 2020!
(There is no camp on Friday, July 3rd)

For more Information

FOR GENERAL CAMP INFORMATION, HOW TO ENROLL, AND EXTENDED DAY PRICING, GO TO:
[ESFCAMPS.COM/MONTGOMERY](https://www.esfcamps.com/montgomery)

OUR CAMPS SPECIALISTS ARE JUST A PHONE CALL AWAY TO ANSWER ANY OF YOUR QUESTIONS.

 GIVE US A CALL AT **610-827-1800**

 EMAIL US AT: [INFO@ESFCAMPS.COM](mailto:info@esfcamps.com)

CAMP LOCATION

Mongtomery School
1141 Kimberton Road (Route 113)
Chester Springs, PA 19425



ESF Summer Camps
 Winter Headquarters
 750 East Haverford Road
 Bryn Mawr, PA 19010

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A Summer Like No Other!

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*Happy Campers
 Guaranteed!*

**THE PREMIER CAMP EXPERIENCE
 FOR VALUABLE LIFE LESSONS!**

ESF is a HAPPY PLACE where, since 1982, every child is free to explore their curiosity and power their potential. We guarantee that a summer at ESF will have a lasting impact on a camper's happiness, growth and development.

We believe building character muscles is similar to building physical muscles. We thread opportunities throughout the camp day to strengthen these muscles, thereby making character development a key differentiator of an ESF Experience. As a result, ESF campers become stronger, healthier and more resilient. We build upon family values and continue to shape the "Character Muscles" of our campers through our 8 ESF Virtues:



- GRATITUDE
- RESPECT
- TRUSTWORTHINESS
- EFFORT
- KINDNESS
- RESILIENCY
- COMMUNITY
- POSITIVITY

