



HIGHLIGHTS CALENDAR • SUMMER FUN 2022

AT THE ACADEMY OF THE HOLY CROSS • 301-493-2525



8 WEEKS
OF AWESOME

SENIOR CAMP



WEEK 1 JUNE 20-24	WEEK 2 JUNE 27 - JULY 1	WEEK 3 JULY 5-8	WEEK 4 JULY 11-15	WEEK 5 JULY 18-22	WEEK 6 JULY 25-29	WEEK 7 AUGUST 1-5	WEEK 8 AUGUST 8-12
<p>MONDAY</p> <p>VIRTUE OF THE WEEK: RESPECT</p> <p>TUESDAY</p> <p>SPORTS PRESENTS: Team Tag Tournament</p> <p>WACKY WEDNESDAY</p> <p>TROPICAL HOLIDAY! Grab your island attire and surfing gear. <u>Come to camp wearing your beachy, tropical clothes</u></p> <p>THURSDAY</p> <p>QUEST PRESENTS: The Reverse Scavenger Hunt</p> <p>FANTASTIC FRIDAY</p> <p>TLA PRESENTS: Rock the Wall! Climbing Challenges</p> <p>DANCE PARTY AND TOWN MEETING</p> <p>TRUE LIFE ADVENTURE: OUTDOOR ADVENTURE: ROCK WALL</p> <p>Weekly Electives:</p> <ul style="list-style-type: none">Multi-media Art: Paper, Paint, PastelsDrama Club: Acting & ImprovCup Stacking with Speed StacksWilderness and Trail EthicsTeam Sports & GagaArcheryMartial Arts & Parkour	<p>MONDAY</p> <p>VIRTUE OF THE WEEK: KINDNESS Perform a Random Act of Kindness Each Day!</p> <p>TUESDAY</p> <p>SPORTS PRESENTS: Personal Best Day</p> <p>WACKY WEDNESDAY</p> <p>GET YOUR GLOW ON! IT'S NEON DAY Wear as much NEON to camp as possible - the more fluorescent the better! It's gonna be bright! <u>Silly Sunglasses recommended!</u></p> <p>THURSDAY</p> <p>QUEST PRESENTS: The Great Egg Drop</p> <p>FANTASTIC FRIDAY</p> <p>TLA PRESENTS: ESF Senior Camp Art Gallery</p> <p>DANCE PARTY AND TOWN MEETING</p> <p>TRUE LIFE ADVENTURE: DIGITAL PHOTOGRAPHY</p> <p>Weekly Electives:</p> <ul style="list-style-type: none">Garden and Nature ClubJewelry Making: Beads, Bangles, and LanyardsTeam Sports & GagaArcheryMartial Arts & ParkourMovement, Meditation & MindfulnessStrategy Games: Chess, Checkers, Rubik's Cube	<p>MONDAY</p> <p>NO CAMP Happy 4th of July</p> <p>TUESDAY</p> <p>VIRTUE OF THE WEEK: POSITIVITY</p> <p>WACKY WEDNESDAY</p> <p>PATRIOTIC PALOOZA DAY <u>Come to camp dressed in red, white and blue. Stars and Stripes too!</u></p> <p>QUEST PRESENTS: Wacky Relay Rally</p> <p>THURSDAY</p> <p>SPORTS PRESENTS: Patriotic Point Ball</p> <p>FANTASTIC FRIDAY</p> <p>TLA PRESENTS: Emoji Art Demo</p> <p>DANCE PARTY AND TOWN MEETING</p> <p>TRUE LIFE ADVENTURE: EMOJI ART - DIGITAL GRAPHICS</p> <p>Weekly Electives:</p> <ul style="list-style-type: none">Digital PhotographyDoodles and DesignsMovement, Meditation & MindfulnessCup-Stacking with Speed StacksTeam Sports & GagaArcheryMartial Arts & Parkour	<p>MONDAY</p> <p>VIRTUE OF THE WEEK: GRATITUDE What are you grateful for?</p> <p>The Dream Camp Supply Drive Kick Off!</p> <p>TUESDAY</p> <p>SPORTS PRESENTS: Hoop It Up Tournament Dribble, Pass, Shoot! Basketball Skills Stations</p> <p>WACKY WEDNESDAY</p> <p>BLIZZARD DAY It's a total WHITE OUT! <u>Wear as much white clothing & gear to camp as possible!</u></p> <p>THURSDAY</p> <p>GROUP PHOTOS <u>Wear your camp t-shirt today!</u></p> <p>QUEST PRESENTS: Senior Camp Fitness Survivor Challenge</p> <p>AFTER CAMP EVENT: The Great American Picnic <u>Wear as much red, white and blue as possible!</u> 3:45PM - 6:00PM (Rising 3rd, 4th, 5th Grades)</p> <p>FANTASTIC FRIDAY</p> <p>TLA PRESENTS: Slime Blaster Challenges <u>Bring an extra set of clothes. It's gonna be a super slimy, wet, and messy good time</u></p> <p>DANCE PARTY AND TOWN MEETING</p> <p>TRUE LIFE ADVENTURE: SUPER SLIME & CRAZY CHEMISTRY</p> <p>Weekly Electives:</p> <ul style="list-style-type: none">Digital PhotographyDuct Taped Designs and DecoupageDrama Club: Acting & ImprovTeam Sports & GagaArcheryMartial Arts & ParkourStrategy Games: Chess, Checkers, and Rubik's Cubes	<p>MONDAY</p> <p>VIRTUE OF THE WEEK: TRUSTWORTHINESS</p> <p>GET READY FOR A SENIOR CAMP SHOWDOWN (SCS)! Kicking off a fun-filled week of high-energy, super fun events!</p> <p>(SCS) Create Your Team Flag</p> <p>TUESDAY</p> <p>#CampKindnessDay</p> <p>SPORTS PRESENTS: Spartan Adventure Race 101</p> <p>(SCS) Trivia showdown</p> <p>AQUATICS PRESENTS: Aqua Olympics</p> <p>WACKY WEDNESDAY</p> <p>MASQUERADE DAY <u>Come to camp dressed in a Halloween costume</u></p> <p>(SCS) The Amazing Race</p> <p>THURSDAY</p> <p>(SCS) The Inflatable Obstacle Course</p> <p>FANTASTIC FRIDAY</p> <p>(SCS) ZOOM</p> <p>PARKOUR PRESENTS: Parkour Bootcamp</p> <p>TLA PRESENTS: Super Hero Grand Reveal</p> <p>DANCE PARTY AND TOWN MEETING</p> <p>TRUE LIFE ADVENTURE: SUPER HERO AND COMIC BOOK CREATION</p> <p>Weekly Electives:</p> <ul style="list-style-type: none">Garden and Nature ClubCeramics & Clay SculpturesWilderness and Trail EthicsMakers WorkshopTeam Sports & GagaArcheryMartial Arts & Parkour	<p>MONDAY</p> <p>VIRTUE OF THE WEEK: RESILIENCY</p> <p>TUESDAY</p> <p>SPORTS PRESENTS: Frisbee® Golf and Flying Disc Challenge</p> <p>WACKY WEDNESDAY</p> <p>SUPERHERO DAY! <u>Come to camp dressed as your favorite Superhero!</u></p> <p>THURSDAY</p> <p>QUEST PRESENTS: The Great Boat Regatta</p> <p>AFTER CAMP EVENT: Tropical Luau and Pool Party <u>Get ready to Limbo!</u> 3:45PM - 7:00PM (Rising 6th +Grades)</p> <p>FANTASTIC FRIDAY</p> <p>TLA PRESENTS: Ultimate Frisbee® Championship and Frisbee® Golf Tournament</p> <p>DANCE PARTY AND TOWN MEETING</p> <p>TRUE LIFE ADVENTURE: ULTIMATE FRISBEE® AND FRISBEE® GOLF</p> <p>Weekly Electives:</p> <ul style="list-style-type: none">Scrapbooking and Paper MarblingCup-Stacking with Speed StacksTeam Sports & GagaArcheryMartial Arts & ParkourMovement, Meditation & MindfulnessStrategy Games: Chess, Checkers, and Rubik's Cubes	<p>MONDAY</p> <p>VIRTUE OF THE WEEK: EFFORT</p> <p>A SUMMER SPLASH OF COLOR <u>Bring a white t-shirt to camp to tie-dye</u></p> <p>TUESDAY</p> <p>ULTIMATE GAMES KICK-OFF! Blue vs. Green: Who will be this year's champion?</p> <p>SPORTS PRESENTS: The Extreme Games</p> <p>WACKY WEDNESDAY</p> <p>TEAM SPIRIT DAY Let's paint the camp BLUE AND GREEN! <u>Wear your Ultimate Games Team color to camp (hats, ribbons, tops, shorts, and socks)!</u> Parents, <u>decorate your car in your child's team color!</u></p> <p>THURSDAY</p> <p>SPORTS PRESENTS: Super Hero Soccer Grab Bag & Group Challenges. <u>Come to camp dressed as your favorite Superhero!</u></p> <p>QUEST PRESENTS: The Senior Camp Ultimate Games Apache Relay</p> <p>FANTASTIC FRIDAY</p> <p>Tie-Dye Fri-dye <u>Wear your tie-dyed creations to camp!</u></p> <p>TLA PRESENTS: The Color Burst Water Balloon Challenge <u>Bring an extra set of clothes - It's gonna be a wet and wild good time!</u></p> <p>DANCE PARTY AND TOWN MEETING</p> <p>TRUE LIFE ADVENTURE: COLOR SPLASH – A TIE-DYED TLA</p> <p>Weekly Electives:</p> <ul style="list-style-type: none">Mosaic MadnessDrama Club: Acting & ImprovTeam Sports & GagaArcheryMartial Arts & ParkourUltimate Frisbee® and Frisbee® GolfYoung Playwrights: Mystery Writers	<p>MONDAY</p> <p>VIRTUE OF THE WEEK: COMMUNITY</p> <p>TUESDAY</p> <p>SPORTS PRESENTS: World Cup Soccer</p> <p>WACKY WEDNESDAY</p> <p>SPORTS FANATIC DAY It's a Fan Frenzy! Wear your favorite Pro or Collegiate Team's jersey and gear to camp!</p> <p>THURSDAY</p> <p>QUEST PRESENTS: The Big Splash Water Festival <u>Bring an extra set of dry clothes. It's gonna be a wet & wild day!</u></p> <p>FANTASTIC FRIDAY</p> <p>TLA PRESENTS: Crawling Robot Competitions</p> <p>DANCE PARTY AND TOWN MEETING</p> <p>SEE YOU NEXT SUMMER!</p> <p>TRUE LIFE ADVENTURE: SENIOR STEM LAB</p> <p>Weekly Electives:</p> <ul style="list-style-type: none">Garden and Nature ClubJewelry Making: Beads, Bangles, and LanyardsTeam Sports & GagaArcheryMartial Arts & ParkourCool CollageUltimate Frisbee® and Frisbee® Golf

*Calendar of events is subject to change.